

WINNIPEG

metro®

NEWS
WORTH
SHARING.**HOT WATER TANK**40/60 gal. Electric or 40 gal. Gas
\$699*
INSTALLED!**It's Time To Call...****204-774-1474**

This price only available Monday to Friday between 8am-4pm. After 4pm or on weekends will be subject to a \$250 up charge. Any size upgrade or utility change will require additional cost. If existing wiring, gas fittings or venting is not to code or needs repair, this will be an additional cost. *Plus applicable taxes. Hot water tank may not be exactly as shown. Some conditions apply.

REPLACE YOUR HOT WATER TANK TODAY AND SAVE!
635 Ferry Rd. www.ontimegroup.ca BBB

**TRUDEAU:
UKRAINE IS
NOT A JOKE**

LIBERAL LEADER APOLOGIZES FOR REMARK ABOUT THE NATION, WHICH IS STEEPED IN POLITICAL TURMOIL **PAGE 5**

Aimee,
Health Care Aide Student

723 Portage Avenue
www.herzing.ca/winnipeg

Jones joins the Junos

Olympic gold medal-winning curler Jennifer Jones and her team from the St. Vital Curling Club have been named to be among the presenters at the 2014 Juno Awards in Winnipeg next month.

COVERAGE OF THIS YEAR'S JUNO LINEUP, **PAGE 4**

SHANE GIBSON/METRO

W.K.CHAN
JEWELLERS

Polo Park (Winnipeg): Monday to Friday 10:00 am - 9:00 pm
Saturday 9:30 am - 6:00 pm | Sunday 11:00 am - 6:00 pm
St. Vital Centre (Winnipeg): Monday to Friday 10:00 am - 9:00 pm
Saturday 9:30 am - 6:00 pm | Sunday 11:00 am - 6:00 pm
Brandon Shoppers Mall: Monday to Saturday 9:30 am - 9:00 pm
Sunday 11:00 am - 5:00 pm

**ENTER TO WIN a 14K WHITE GOLD DESIGN DIAMOND PENDANT valued at \$1000**No purchase necessary. Prize to be awarded to winner on March 3rd.

Almost all Fine Jewellery

Selling at Down to only

39¢On the Dollar
of the Ticketed Price

**Retirement &
Store Closing**

SALE

Sale applies to in-stock merchandise ONLY.After more than 50 years in the jewellery business, Mr. W. K. Chan is Retiring and one of our stores will be closed. www.wkchan.com

At CARSTAR we know your time is valuable. That's why we make it our job to make your accident unhappen. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstarmanitoba | Facebook: CARSTAR Manitoba

CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*

where accidents unhappen



CARSTAR in Stonewall 467-4329

CARSTAR on Chevrier 475-7193

CARSTAR on Fife 632-7712

CARSTAR on Henderson 338-1551

CARSTAR on Saskatchewan 837-2399



*AIR MILES® reward miles not applicable on MPI claims.

CARSTAR®
Collision & Glass Service

Deep freeze behind city's frozen pipes, official says

Backlog. About 300 properties affected, city engineer says

 **BERNICE PONTANILLA**
bernice.pontanilla@metronews.ca

The deep-freeze temperatures that began in December and have continued until now are responsible for an "unprecedented" number of frozen pipes, said a City of Winnipeg engineer. Tim Shanks, field service operations engineer with the city's water and waste department, said there are about 300 properties waiting to have pipes thawed and the wait continues to be 10 to 14 days.

Shanks said this is because thaws can take from 20 minutes for a home to 14 hours for a commercial property. "We certainly have never seen this volume of frozen surface reports, it's very unprecedented ... Our records going back as far as 35 years do not see this reported number."

Shanks said crews are reporting depths of frost of up to seven feet, and pipes near roadways are ones that are most at risk, since there is no snow to insulate the ground from frost.

According to the city, since January, 193 businesses and residences have already had pipes thawed. The city has three thawing machines that are being manned by crews working seven days a week.

Kaylee Mack is one of the homeowners on the wait list for service who is going on 10 days without water. "Now the exhaustion is setting in, you don't want to drive to the Y and pack towels and shampoo, and especially the worst thing is not knowing when," said the mother of three, who at first melted snow for water. Mack said her neighbours have not been affected by frozen pipes.

Asked how this is possible, Shanks said for some it has to do with the installation of the pipes, while for others it can be different conditions against the foundation of the home, if heat escapes, the frost can find its way there.



Tim Shanks of the City of Winnipeg said thawing can take 20 minutes to 14 hours, which makes it difficult to estimate when crews will get to homes of those without water. BERNICE PONTANILLA/METRO

Councillor making 'political point': Student leader


Rorie Mcleod Arnould
BERNICE PONTANILLA/METRO

A student leader believes a city councillor is "out of step and out of touch" when it comes to his proposal to scrap the university bus pass program, known as U-Pass.

Rorie Mcleod Arnould, vice-president of the University of Winnipeg Students' Association, said possible mayoral candidate Coun. Scott Fielding's calculation

of \$15 million for the U-Pass program over five years is simply bad math.

"Conveniently that's the same amount of money he's looking to invest in infrastructure so I imagine he's drawing a correlation there in order to make a political point," said Mcleod Arnould, adding one of the ideas behind the program is to get

more young people to continue to take public transportation after they've graduated.

The U-Pass motion to be voted on during Wednesday's city council meeting would see students at the University of Manitoba and University of Winnipeg pay \$260 for an eight-month U-Pass starting in September of 2016 "or

sooner if possible."

Fielding said he'll be voting against the motion because that money would be better spent on roads.

His proposal: instead spend \$10 million over five years, \$9 million on roads and \$1 million job-training and co-op programs for students in post-secondary institutions. BERNICE PONTANILLA/METRO



The upcoming classes for our 648 Diploma Program start on:

April 7, 2014 (8am-1pm)
September 8, 2014 (8am-1pm)
October 14, 2014 (1pm-6pm)

**NORTHWEST
LAW ENFORCEMENT ACADEMY**

LAW, PROTECTION AND SAFETY DIPLOMA PROGRAM

Are you interested in a challenging career as a **Police Officer, Corrections Officer, a Border Services Agency Officer or as a Sheriff?**
This program will prepare you. See our website for more information.

648 Hour Program Weekdays from 8am to 1pm or 1pm to 6pm.

Toll Free: 1-866-953-8300 • www.NorthWestLaw.ca

1
NEWS

Come gel for high water. City swathes street lights in waterproof covering

Are you gellin'?

Traffic lights in Winnipeg soon will be.

The city announced a trial plan Tuesday that will see waterproof gel covers installed on traffic lights in an attempt to keep them from breaking down during wet weather.

"It's a good fix; it's something that has to be done," said Mayor Sam Katz. "It's very unique."

The plan is to add the gel covers to somewhere between 50 and 80 lights.

A release from the city said they've seen "an unusual increase" in flashing traffic signals over the past few years. The problem has been attributed to excessive moisture getting into the electrical components inside the traffic-light poles during heavy rain, snowstorms and fast temperature increases during winter.

After testing a number of products, the Public Works Department decided to go with the "gel-like waterproof



The city will add gel covers to at least 50 lights this year in an effort to stop them from breaking down in wet weather. SHANE GIBSON/METRO

cover product" that will start being installed this year.

If the gel does the trick, Katz said council would consider including a line in the 2015 Capital Budget to get all 645 signalled intersections — between 6,000 and 7,000 poles in all — retrofitted with the product at an estimated cost of \$550,000.

SHANE GIBSON/METRO

Curling greats

Jones name from Sochi scoreboard to city street

A Winnipeg street will have an alternate name after a local curling team went through the Olympics undefeated to win gold.

Regal Avenue, the home of the St. Vital Curling Club, will also be known as Honourary Team Jones Way, said Mayor Sam Katz in a press release Tuesday.

St. Vital Curling Club is

skip Jennifer Jones' home club.

"Winnipeggers have always been extremely supportive of Team Jones and are very proud of the team's record-breaking Olympic achievement," said Katz. "All of the members of the team are ambassadors for Winnipeg and the sport of curling, and it is fitting to honour them with Team Jones Way."

A ceremony will take place later this year. The team will also be given City of Winnipeg Outstanding Achievement Award medallions. ELISHA DACEY/METRO

The names and faces set to rock city spaces

We Speak Music. List of Juno Week events and guests released



SHANE GIBSON

shane.gibson@metronews.ca

Organizers of the 2014 Juno Awards unveiled a jam-packed list of events planned for the week-long celebration of Canadian music coming next month.

"We are now gearing up to make magical music in Manitoba as the Juno Awards make their second trip to Winnipeg," said Canadian Academy of Recording Arts and Sciences (CARAS) and Juno Awards president Melanie Berry on Tuesday.

"In this province we know that you definitely speak music, and come Juno Week the entire country will be listening."

Three new acts — country star Brett Kissel, seven-time CCMA Award winner Dean Brody and 16-time CCMA Award winner Gord Bamford — were added to the list of those set to perform at the big show.

The list already includes Matt Mays, Robin Thicke, Serena Ryder, Tegan and Sara, Walk Off The Earth and The Sheepdogs.

And the list of presenters has also grown to include songstress Sarah McLachlan and the Olympic gold curling team of Jennifer Jones.

"I've got goose bumps even just talking about it," said Jones of the honour Tuesday, just hours after she and



Jess Rae Ayre of Winnipeg's own Sweet Alibi performed two songs at a special announcement on Tuesday outlining details of the upcoming 2014 Juno Awards and Juno Week. SHANE GIBSON/METRO

the team arrived back in Winnipeg from Sochi.

"It's amazing what music does for this country and amazing what sport does for this country — so to combine them both is incredible."

There's a bevy of events planned for Juno Week, which runs March 24 to 30, including the Juno Cup fundraising hockey game on March 28 and over 100 bands playing 15 venues citywide for JUNOfest from March 28 to 29.

Tunes and tales

Songwriters' Circle hosted by Bachman

A hometown music legend is on the bill to host the Juno Songwriters' Circle.

Eleven-time Juno winner and Canadian Music Hall of Fame member Randy Bach-

man will sit centre stage at the intimate showcase March 30 at the Burton Cummings Theatre.

Other artists taking part in the two hours of performances and stories include 2014 Juno Award nominees Peter Dreimanis, Leah Fay of July Talk, Shad as well as Dallas and Travis Good of The Sadies.

feeling pucky?

SHOOT for LOOT

WIN A GRAND PRIZE PACKAGE

Every Thursday home game!

For list of dates and contest details please visit: www.portageplace.mb.ca

PORTAGE
PLACE

ENERGY
106

downtown
WINNIPEG BIZ

Trudeau says sorry for Ukraine joke



Liberal Leader Justin Trudeau has apologized after facing heat for comments that lightheartedly linked the conflict in Ukraine with the Russian Olympic hockey defeat. SEAN KILPATRICK/THE CANADIAN PRESS

Toronto. Ford opens up to American TV host, shuts down local journalists

The mayor of Toronto was happy to discuss drinking and drugs with the host of a U.S. morning show on Tuesday but bristled when asked questions on the same issues by journalists in his own city.

"I don't use illegal drugs. I experimented with them, like probably a year ago, but I don't use drugs," Rob Ford told Today show host Matt Lauer. "Things are go-

ing fantastic, Matt."

Ford took a much more combative stance when he was asked by Toronto reporters to clarify his comments.

"Don't be jealous if I do an interview with an American station," he told journalists while leaving a news conference where he refused to answer questions on drug use.

THE CANADIAN PRESS

No laughing matter.
Liberal leader apologizes for remark about Russian invasion as opponents look to capitalize on the gaffe

Justin Trudeau was back on Parliament Hill Tuesday to face the music for his joke about Ukraine, as the Conservatives and NDP pondered once again how to make the Liberal leader's latest gaffe stick.

Trudeau told the media he waited until Tuesday to apologize because he "wanted to make sure that I had the chance to express directly to leaders in the Ukrainian community ... how seriously the Liberal party takes the situation in Ukraine."

He added that his joke during a pre-taped appearance on a Radio-Canada current affairs program "made light of some very real fears and concerns that Ukrainians have about Russian

A gaffe-ing matter

In the last year, Trudeau's political foes have taken aim at his remarks on China, his joke about used-car salesmen, his comments following the Boston marathon bombings and now on Ukraine.

- Tory insiders say it's just

intervention."

Trudeau apologized earlier in the day to the Ukrainian ambassador to Canada after making a quick visit to the embassy. Vadym Prystaiko, who had called for the apology a day earlier, praised Trudeau for being the first Canadian politician to sign a book of condolences.

Trudeau also took to Twitter to say he'd made amends with Paul Grod, head of the Ukrainian Canadian Congress.

In his interview last Thursday with *Tout le Monde en Parle*, Trudeau suggested Russia, peeved about being eliminated from the medal round in Olympic hockey, might vent its spleen by getting involved in Ukraine.

In the aftermath of Trudeau's comments, both the Conservatives and NDP pounced in an effort to inflict some damage. Trudeau is consistently ahead in public-opinion polls and wrapped up a successful policy convention in Montreal over the weekend.

THE CANADIAN PRESS

a matter of time before Trudeau's verbal missteps start to hurt him, and the Conservative strategy is to simply bide their time until he does himself in.

- And yet, Trudeau is still comfortably atop the polls.

Misuse of public funds?

N.L. to spend \$60K to clean up image of seal industry

Newfoundland and Labrador is funding an awareness campaign aimed at seal industry "misconceptions" ahead of a WTO appeal.

Fisheries Minister Keith Hutchings said Tuesday the province will give \$60,000 to an industry group leading the campaign. Animal-rights groups say it's a misuse of public funds.

THE CANADIAN PRESS

Parliament

Watchdogs say bill will enable dirty politics

Parliament's key watchdog agencies say a Tory bill aimed at exposing partisanship in their offices raises problems of basic fairness.

Issue was taken with the bill having no definition of "partisan conduct."

"Under this (bill), nobody has to even think up reasonable grounds; they can just fling mud," said Ethics Commissioner Mary Dawson. THE CANADIAN PRESS

5th ANNUAL

ROBERTSON COLLEGE

BIGGEST EVER CAREER FAIR

MARCH 6

12-2:30PM

The Marlborough Hotel

331 Smith Street

Skyview Ballroom

Call **204.943.5661** or visit www.robertsoncollege.com/careerfair

ROBERTSON COLLEGE

Central African Republic orphans' long walk to safety

Christian-Muslim.

Sectarian violence rages, breaking up families, making orphans of young children

Ibrahim Adamou's parents had just been killed in front of him. He wasn't sure whether any of his five siblings had survived the attack by Christian militiamen who opened fire on his family of herders as they journeyed on foot.

The seven-year-old just knew he had to keep running.

Covering 100 kilometres barefoot and alone, he slept under the thick cover of banana trees at night and followed the red rutted paths by day, not entirely sure where he was going, with nothing to eat.

Finally he encountered peacekeepers who gave him some cookies and pointed the way to Carnot, where a Catholic church was sheltering 800 Muslims, including many ethnic Peuls like Ibrahim. With the help of a Christian man on a motorcycle who risked his life by giving the boy a lift, Ibrahim arrived at the church early Monday.

"When we got to a checkpoint, the militia fighters told the man, 'Leave the boy here and we will kill him,'" Ibrahim recounted softly. "But the man said, 'If you are going to kill him, you must kill me too' and then they let us pass."

What is even more remarkable about Ibrahim's story is that there are at least six other children under the age of 10 with a nearly identical story in Carnot. As violence rages against Muslims deep in the bush in the country's

Hiding, walking, hungry

When one orphan heard motorcycles on the road, he would hide in the woods. When the roads were empty, he just kept walking, asking anyone he could where he could find the peacekeepers who were guarding Muslims.

- An elder shaved the heads of the orphans to indicate they are in mourning for their parents.

southwest, children appear to be in many cases the only survivors. The Peul are a nomadic community of herders who span West and Central Africa. They often travel great distances on foot — a habit that probably enabled these children to make the journey alone. **THE ASSOCIATED PRESS**



Christian militiamen opened fire on Ibrahim Adamou as he journeyed on foot with a group of herders. His parents had already been killed. He wasn't sure if his siblings survived the attack. KRISTA LARSON/THE ASSOCIATED PRESS



Yanitse Garcia and her daughter Olivia. FRANKLIN REYES/THE ASSOCIATED PRESS

Name game's changing in Cuba

When Yanitse Garcia's first-born came into the world, Garcia decided to save her daughter a lifetime of grief by choosing a simple name.

"What I liked about Olivia is precisely that it wouldn't

be a bother for her," said Garcia.

Garcia is part of Cuba's so-called Generation Y, the thousands upon thousands of islanders born during the Cold War whose parents

turned tradition on its ear by giving them invented monikers inspired by Russian names like Yevgeny, Yuri or Yulia. The phenomenon was so prevalent that dissident writer Yoani Sanchez chose

"Generation Y" as the title of her well-known blog.

While there's no public data available, experts have noted a trend away from Y-based and other eccentric names. **THE ASSOCIATED PRESS**

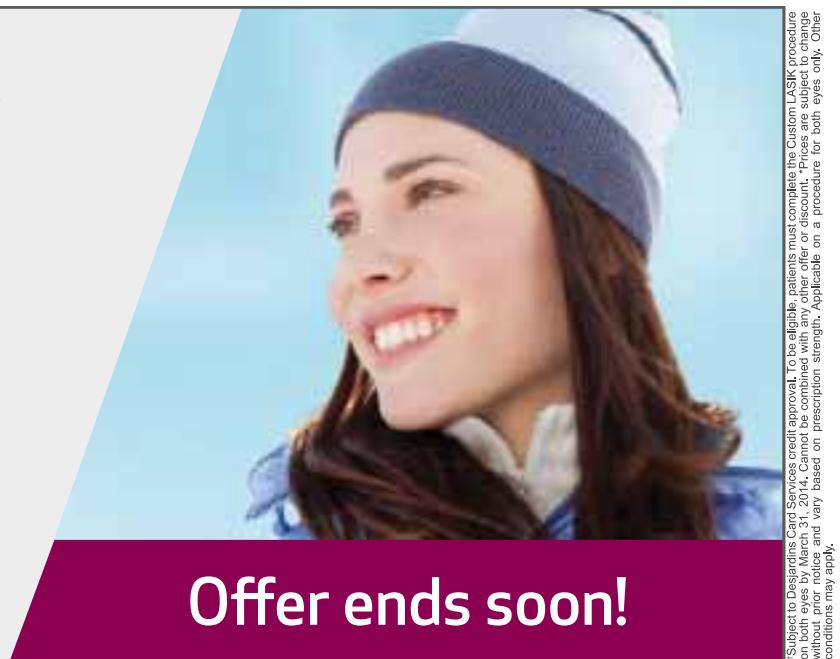
SEE NOW, PAY IN 2015[†]

\$0 \$0 0%
payments down interest

LASIK MD
VISION

Starting at \$490 per eye*
Book a free consultation at
1-855-894-2020 or lasikmd.com

Offer ends soon!



Subject to Delays. Card Services credit approval. To be eligible, patients must complete the Custom LASIK procedure on both eyes by March 31, 2014. Cannot be combined with any other offer or discount. Prices are subject to change and vary based on prescription strength. Applicable on a procedure for both eyes only. Other conditions may apply.

California couple's rare coin find worth \$10M

Most profitable dog walk. Quiet couple's backyard buried treasure could be the largest such discovery in U.S. history

A California couple out walking their dog stumbled across a modern-day bonanza: \$10 million in rare gold coins buried in

the shadow of an old tree. Nearly all of the 1,427 coins, dating from 1847 to 1894, are in uncirculated, mint condition, said David Hall, co-founder of Professional Coin Grading Service of Santa Ana, which recently authenticated them.

Some of the coins are so rare that coin experts say they could fetch nearly \$1 million apiece.

"I don't like to say once-in-a-lifetime for anything, but you don't get an opportunity

to handle this kind of material, a treasure like this, ever," said veteran numismatist Don Kagin, who is representing the finders.

Kagin would say little about the couple other than that they are husband and wife, are middle-aged and have lived for several years on the rural property where the coins were found. They have no idea who put them there, he said.

The pair are choosing to

remain anonymous, Kagin said, in part to avoid a renewed gold rush to their property by modern-day prospectors armed with metal detectors.

They plan to put most of the coins up for sale through Amazon while holding onto a few keepsakes. They'll use the money to pay off bills and quietly donate to local charities, Kagin said.

THE ASSOCIATED PRESS



One of six decaying metal canisters filled with 1800s-era coins unearthed in California by a couple who wish to remain anonymous. THE ASSOCIATED PRESS

Gay rights

Arizona governor will ponder bill veto

Gov. Jan Brewer returned to Arizona Tuesday to face a pressing decision about a bill that has prompted a national debate in the U.S. over religious and gay rights.

The Arizona Legislature passed a bill last week al-

lowing businesses whose owners cite sincerely held religious beliefs to deny service to gays. It allows any business, church or person to cite the law as a defense in any action brought by the government or individual claiming discrimination.

The legislation has caused a national uproar. The chorus of opposition has grown each day, with the business community, the state's Super Bowl Committee and Republican senators calling for a veto.

Brewer will likely spend the day or longer pondering Senate Bill 1062 before deciding whether to sign or veto it.

THE ASSOCIATED PRESS

Discrimination

"We must be suspicious of legal classifications based solely on sexual orientation."

U.S. Attorney General Eric Holder, on why state attorneys general aren't obligated to defend laws in their states banning same-sex marriage if the laws discriminate in a way forbidden by the constitution.

London High Court. Judge frees IRA man, cites secret letter promising no arrest

An Irish Republican Army veteran charged with the IRA killing of four soldiers in London's Hyde Park in 1982 has been freed from custody after a judge ruled that the British government misled the man into thinking he could travel to England without fear of arrest.

London High Court Justice Nigel Sweeney found that Britain's Northern Ireland Office in 2007 provided John Downey with a confidential document promising him he was not wanted for any outstanding IRA crimes.

The judge said Northern Ireland police knew that their London counterparts still wanted to arrest Downey and soon recognized the mistake in the government's letter to Downey, but failed to tell anyone to retract the letter.

He said the document encouraged Downey, who lives in the Republic of Ireland, to fly through London's Gatwick Airport, where he was arrested last year and charged with murder and other terror

Secret promises

Tuesday's judgment revealed a secret practice by Britain's previous government to provide letters promising safe passage home for scores of IRA members who remained fugitives from British justice, living for decades mostly in the Republic of Ireland.

- Until now, the public had been led to believe that IRA fugitives from justice remained on the British wanted list.

charges.

London police used fingerprint and witness evidence to identify Downey as an IRA member involved in the Hyde Park blast, when a nail bomb in a parked car exploded as ceremonial mounted troops passed, mortally wounding four soldiers and seven horses.

THE ASSOCIATED PRESS

Buy a boat & ENTER TO WIN A \$5,000 CREDIT towards purchase. See Dealer for details.

MID*CANADA BOAT SHOW
FEBRUARY 27 - MARCH 2

If you're in the market for a new boat, you can't afford to miss this show.
midcanadaboatshow.com

The largest boating, fishing and all things water show in central Canada!
All three floors of the RBC Convention Centre Winnipeg.

MUST-SEE FEATURES:
Mega Tank – a 5,000 gallon fish tank, pro fishing seminars, pro casting competition, kids casting and more!

Stay in the middle of the magic.



Save up to 30%* on rooms at select Walt Disney World Resort hotels when you book a minimum 5-night vacation package.

Plus, save even more when you upgrade to a room and ticket package with a 4-Day Magic Your Way Ticket and get a 1-Day Magic Your Way Ticket free!

Book by April 30, 2014 for travel from April 20 – June 15, 2014.

To book your magical vacation package, visit westjetvacations.com or call your travel agent.

Walt Disney World Resort

WESTJET vacations

*Book by April 30, 2014 (11:59 p.m. MT) for travel from April 20 to June 15, 2014. Requires a minimum 5-nights and maximum of 14-nights stay at select Walt Disney World Resorts. When booking online, Magic Your Way Tickets must be selected in the booking flow. Package prices will automatically reflect the discount when searching for qualified vacations. Additional per adult charges apply if more than two adults per room. Disney's Magical Express transfers are included from the Orlando International Airport to the Walt Disney World Resort. Advance booking required. Non-refundable and non-transferable. This offer may not be combined with other discounts or promotions. Offer limited and subject to availability. Offer subject to change and expiry without notice. New bookings only. Other restrictions may apply. A fuel surcharge applies to Air Miles™ redemption bookings. As to Disney artwork, logos and properties: ©Disney.



Thai woman raises fists against government in protest

An anti-government protester raises her clenched fists as she listens to a speech by anti-government protest leader Suthep Thaugsuban in Bangkok, Thailand, Tuesday, Feb. 25, 2014. The protesters, mostly representing the urban elite and those in the south, are pressing for the resignation of Prime Minister Yingluck Shinawatra. SAKCHAI LALIT/THE ASSOCIATED PRESS

Tensions soar in Crimea against Kyiv 'bandits'

'Russia, save us!'

Protesters in the pro-Russian region of Crimea aren't ready for the change in Ukraine's government

Dozens of pro-Russian protesters rallied Tuesday in the Ukrainian peninsula of Crimea against "the bandits" in Kyiv who are trying to form a new government — with some even speaking of secession. A lawmaker from Russia stoked their passions further by promising them that Russia will protect them.

As a Russian flag flew Tuesday in front of the city council building in Sevastopol — a key Crimean port where Russia's Black Sea Fleet is based — an armoured Russian personnel carrier and two trucks full of troops made a rare appearance on the streets of the

Quoted

"Bandits have come to power. I'm ready to take arms to fight the fascists who have seized power in Kyiv." Vyacheslav Tokarev, a 39-year-old construction worker in Sevastopol

city.

The Crimean Peninsula — a pro-Russian region about the size of Massachusetts or Belgium — is a tinder pot in the making.

Protesters had torn down the Ukrainian flag a day ago, pleading with Moscow to protect them from the new authorities in Ukraine who have forced President Viktor Yanukovich to flee Kyiv, the capital, and go into hiding.

"Bandits have come to power," said Vyacheslav Tokarev, a 39-year-old construction worker in Sevastopol. "I'm ready to take arms to fight the fascists who have seized power in Kyiv."

Yanukovich's whereabouts are unknown but he

was last reportedly seen in the Crimea. Law enforcement agencies have issued an arrest warrant for Yanukovich over the killing of 82 people, mainly protesters, last week in the bloodiest violence in Ukraine's post-Soviet history.

Chanting "Russia, save us!" the protesters gathered for a third day before administrative buildings in Sevastopol and in other Crimean cities. The protests Sunday numbered in the thousands.

Ukraine's new authorities are clearly concerned about the tensions in Crimea. The country's interim leader, Oleksandr Turchinov, met with top security officials Tuesday to discuss the situation there. THE ASSOCIATED PRESS

Lending support

Baird set to travel to Kyiv

Foreign Affairs Minister John Baird is going to Ukraine to get a first-hand look at the situation in the troubled country. Prime Minister Stephen Harper says Baird and a delegation of Ukrainian-Canadian leaders and parliamentarians will travel to Kyiv, the capital and the epicentre of the political unrest that has rocked Ukraine for months. Harper says Baird will offer Canada's support for efforts to restore democracy in Ukraine. News of the trip comes as Russia's ambassador to Canada says talk about the possibility of Russian troops invading Ukraine is nonsense. THE CANADIAN PRESS

China's president joins his people amid the smog

PR move. Xi Jinping sparks online buzz after visiting Beijing alley and mingling with residents

Chinese President Xi Jinping braved Beijing's choking smog Tuesday, making an unannounced visit to a trendy alley and sitting with residents in his latest public-relations effort to be seen as a man of the people.

Xi wore a black jacket and pants and was followed by a posse of similarly plainly suited Beijing city officials for his short stroll through part of a traditional alleyway popular with tourists and fashionable youth.

Guan Shiyue, a 69-year-old retiree who lives in a small, sparsely furnished home on a nearby alley, said Xi visited him and sat between him and his wife on their living-room sofa. Guan said he was impressed by the president.

"He's a good leader of the ordinary people.... I think he does things in a particularly

Approval

"He's a good leader of the ordinary people.... I think he does things in a particularly practical way."

Guan Shiyue, a 69-year-old retiree, on Chinese President Xi Jinping

Umbrella Girl

Banksy mural theft foiled

Neighbours in New Orleans foiled what police say was an attempt to steal a chunk of a cinderblock wall bearing a painting by the elusive British graffiti artist Banksy.

Investigators say the building owner called Friday afternoon, saying someone was attempting to cut out the painting, known locally as the Umbrella Girl or the Rain Girl and created after Hurricane Katrina.

A neighbour says he asked a man working there for proof he had a permit to take down the painting. By late afternoon, the man had left. **THE ASSOCIATED PRESS**



Vehicles clog a main highway during a sixth straight day of severe pollution in Beijing on Tuesday.
NG HAN GUAN/THE ASSOCIATED PRESS

practical way," Guan told The Associated Press. "The leaders of this new generation are capable."

Such visits are extremely rare for top Chinese leaders, who are not known for mingling with the public other than at scheduled events. Given Xi's status and China's conservative political culture, his appearance was likely stage-managed to some degree beforehand.

Photos apparently taken by onlookers of Xi's visit

ricocheted around Chinese social-media sites, triggering a flurry of comments. Some Internet users expressed support for "Uncle Xi" while others mocked the public-relations effort, saying he should prioritize fixing the city's air pollution woes over visiting residents.

Though Xi was unaccompanied by most state media, their reports conveyed his campaign's likely message. "Xi Jinping visits Beijing's Nan-

luoguxiang amid the smog: Breathing together, sharing the fate," read the headline of a Xinhua News Agency report.

It was the second time Xi has made an appearance in public in Beijing. He earlier went to a traditional Beijing bun shop where he got in line, ordered and paid for a simple lunch of buns stuffed with pork and onions, green vegetables, and stewed pig livers and intestines.

THE ASSOCIATED PRESS

Rights group says documents show Myanmar's anti-Rohingya policies

An independent human-rights group presented evidence Tuesday directly implicating the Myanmar government in abusive and discriminatory policies targeting members of the Rohingya Muslim minority, including restrictions on family size and freedom of movement.

Matthew Smith, executive director of the Southeast Asian-based Fortify Rights, said the findings were based on a dozen leaked documents and reviews of public records.

While persecution of the minority group has been well documented, in some cases dating back decades, it is the

first time that official edicts have been made public, he said, describing the chilling effect of seeing them in writing.

"It represents a level of planning and knowledge among Myanmar authorities that raises the abuses to the threshold of crimes against humanity," Smith said. "These abuses have been carried out for years with complete impunity, driving the population into the ground."

Presidential spokesman Ye Htut did not respond to requests from The Associated Press for comment. He was quoted by the Myanmar Times as saying government officials

"do not remark on baseless accusations from Bengali (Rohingya) lobby groups."

Myanmar, a predominantly Buddhist nation of 60 million, only recently emerged from a half century of brutal military rule. The United States and other nations worry that an outbreak of sectarian violence since June 2012 threatens the country's fragile transition to democracy.

As many as 280 people have been killed, most of them Rohingya attacked by Buddhist mobs, and another 140,000 forced to flee their homes.

THE ASSOCIATED PRESS

DOWNTOWN
trends
DOWNTOWN WINNIPEG MARKET RESEARCH

YOUR SOURCE FOR THE
LATEST DOWNTOWN
WINNIPEG RESEARCH

\$2
BILLION

of downtown development
invested since 2005

ABOUT
16,000
PEOPLE
live downtown

69,000
PEOPLE
come downtown to
work every day

24,000
STUDENTS
students come downtown
to learn every year

More downtown stats at
www.downtownwinnipeg.com

Bzzz. Uncle Sam spending \$3M to feed honeybees

The U.S. Department of Agriculture will spend millions of dollars to help farmers and ranchers improve pastures in five Midwestern states to provide food for struggling honeybees under a program to be announced Tuesday.

Commercial honeybees pollinate an estimated \$15 billion US worth of produce each year. Many beekeepers bring hives to the Upper Midwest in the summer for bees to gather nectar and pollen for food, then truck them in the spring to California and other states to pollinate everything from almonds to apples to avocados. **THE ASSOCIATED PRESS**



A new U.S. program aims to ensure honeybees have enough pollen and nectar to snack on. **THE ASSOCIATED PRESS**

Market Minute

DOLLAR
90.20¢ (-0.16¢)

TSX
14,188.98 (-38.10)

OIL
\$101.83 US (-\$0.99)

GOLD
\$1,342.70 US (+\$4.70)

Natural gas: \$4.67 US (-\$0.05)
Dow Jones: 16,179.66 (-27.48)

Adding 800 stores

Timmies brews up plan to slam rivals

Tim Hortons Inc. is planning a flurry of changes to its operations, including healthier food choices and the addition of 800 new stores over the next several years as it looks to maintain its edge in an increasingly competitive market. Tim's CEO says "the plan is aggressive but very achievable."

THE CANADIAN PRESS

POSITION: COOK
NO. OF VACANCIES: 1
START DATE: IMMEDIATELY
EXPERIENCE: 3 YEARS
EDUCATIONAL
QUALIFICATION: GRADE 12 OR EQUIVALENT

ambily@roadhouseeatery.com
204-888-2255



CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*

CARSTAR in Stonewall.....467-4329

CARSTAR on Chevrier.....475-7193

CARSTAR on Fide.....632-7712

CARSTAR on Henderson.....338-1551

CARSTAR on Saskatchewan.....837-2399

*AIR MILES® reward miles not applicable on MPI claims.



At CARSTAR we know your time is valuable. That's why we make it our job to make your accident un-happen. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstarmanitoba | Facebook: CARSTAR Manitoba

CARSTAR
Collision & Glass Service

Bitcoin traders brought to knees

Tokyo. Following news of Mt. Gox vanishing, the cryptocurrency fell below \$500, from a high of \$1,200

One of the world's largest bitcoin exchanges has seemingly disappeared, delivering a severe blow to the virtual currency as it struggles to gain legitimacy.

A coalition of virtual currency companies said Tuesday that Tokyo-based Mt. Gox went under after secretly racking up catastrophic losses.

Mt. Gox's website was returning a blank page Tuesday. The disappearance of the site follows the resignation Sunday of Mt. Gox CEO Mark Karpeles from the board of the Bitcoin Foundation, a group seeking legitimacy for the exotic new form of money. The exchange had imposed a ban on withdrawals earlier this month.

Prominent supporters of Bitcoin — including San Francisco-based wallet service Coinbase and Chinese exchange BTC China — sought to shore up confidence in the currency by saying Mt. Gox's collapse was an isolated case of mismanagement. They said it had abused users' trust, but did not offer details.

"As with any new industry, there are certain bad actors that need to be weeded out, and that is what we are seeing today," the statement said.



Bitcoin trader Kolin Burgess, right, of London and American Aaron (only his first name was given) hold protest signs as they conduct a sit-in in front of the office tower housing Mt. Gox in Tokyo Tuesday. **KAORI HITOMI/THE ASSOCIATED PRESS**

Burn me once, shame on you...

"I may have lost all of my money ... It hasn't shaken my trust in Bitcoin, but it has shaken my trust in bitcoin exchanges."

Kolin Burgess said he'd been picketing the Tokyo office tower housing Mt. Gox since Feb. 14 after flying in from London, hoping to get back \$320,000 US he has tied up in bitcoins with the exchange.

Since its creation in 2009, Bitcoin has become popular among tech enthusiasts, libertarians and adventurous investors because it allows people to make one-to-one transactions, buy goods and services and exchange money

across borders without involving banks, credit card issuers or other third parties. Criminals like Bitcoin for the same reasons.

For various technical reasons, it's hard to know just how many people around the

world own bitcoins, but the currency has attracted outside media attention and the fascination of millions as an increasing number of large retailers such as Overstock.com begin to accept it. Speculative investors have jumped into the Bitcoin fray, too, sending the currency's value fluctuating wildly in recent months. In December, the value of a single bitcoin hit an all-time high of \$1,200 US. In the aftermath of the Mt. Gox collapse Tuesday, one bitcoin stood at around \$470 US.

THE ASSOCIATED PRESS

LET IT BE OR MAKE IT BETTER?

Thanks to sites like BuzzFeed, this is the Golden Age of Wasting Time.

And one of the best ways to waste time, wherever you are, whatever you're supposed to be doing, is the Identity Quiz.

You know? If you were a sandwich, what kind of sandwich would you be? Turns out I'm a ham sandwich, but you knew that.

As you launch your identity quest, be warned there are millions of these things. There are even millions of What Kind of Sandwich Am I? quizzes.

So we need a hook, and what better than this: It is the 50th anniversary of the English Invasion this month, starting with the night the Beatles appeared on the Ed Sullivan show and launched a rock revolution.

Of course, to celebrate the Fab Four moment, there's a quiz on BuzzFeed which allows you to find out which



JUST SAYIN'
Paul Sullivan
metronews.ca

Beatle you are: the Popular (if a little square) Paul, the Genius John, the Spiritual George, and the Affable (if a little goofy) Ringo.

Like all great time wasters, the quiz is fun to do. You start by choosing your favourite psychedelic pattern, and go from there.

The quiz wants to know if you'd rather sing "oo-bla-di-bla-da" or "beep beep yeah!"

It wants to know if you think you should take a sad song and make it better. Or let it be.

The quiz asks you to choose your fave from a gallery of foxy '60s ladies (the Beatles and the boys of BuzzFeed are pre-feminist, apparently).

Finally it asks how you're feeling about love right now: All you need is love? Or can't buy me love?

By now you've figured out that this quiz (except for the foxy ladies) is based on Beatles' lyrics.

So it helps, if like me, you've spent a lifetime trying to get Yellow Submarine out of your head.

But as the Beatles have sold more records, had more No. 1 hits, and have been covered by more artists than any group in history, it's a safe bet you know John, Paul, George and Ringo maybe better than you know yourself.

So now that you've rushed to BuzzFeed to take the quiz, welcome back. Who are you?

If you're me, you're a late-'60s version of John Lennon, which is not what I expected but it's better than being an '80s version of John Lennon.

And I'm kinda relieved I'm not Ringo. Although you'd have to argue that Ringo is certainly the luckiest Beatle. If he hadn't met John or Paul, he'd be driving a bus in Liverpool, like his dad.

And taking the quiz to find out what Beatle he would be: John, Paul, George, or ... Pete?

ZOOM

Still cute with ears cut



SCOTT OLSON/GETTY IMAGES

Puppy love at former bin Laden base

Sgt. Kevin Ingram from Wheeling, West Virginia with the U.S. Army's 4th squadron 2d Cavalry Regiment comforts a puppy that had its ears cut off while visiting an Afghan National Police (ANP) outpost that was once home to Osama

bin Laden during a patrol on Tuesday near Kandahar, Afghanistan.

Ears are often removed from puppies to prepare them to become fighting dogs.

Ingram's squadron is responsible for defending Kandahar Airfield against rocket attacks from insurgents. GETTY IMAGES

Also in Afghanistan

- A few years ago, an abandoned puppy was befriended by Navy reservist Mark Feffer, who wanted to adopt her. At the end of his tour he discovered she was lost, but a rescue mission reunited them.
- A British marine found a dog in 2010 with his ears and tail cut off. Once he told his sister the dog would be shot once he left Afghanistan, she set up a campaign to bring the dog to Britain.

Clickbait HANNAH ZITNER hannah.zitner@metronews.ca

Leaving your fate

in the hands or the stars – or the astrologers who read the stars – might help you deal with your high school crush, but for real-world relationship woes, financial burdens or career concerns, you're going to



SUPERBA/FLICKR

need something a little more scientific. And what could be more solid than fortune teller, tarot card and magic eight ball apps.

The Amazing Fortune Teller 3D:

Ask the gnome's crystal ball (or if you upgrade for \$.99 you can ask a Rabbi, Rasta or leprechaun) up to three questions a day. Available for Android and Apple.

Tarot Card Reading:

Pick a card from your past



Twitter

@metropicks asked: Actor/writer/director Harold Ramis has died. What's your favourite Harold Ramis work?

@thechipfactor: "what happened to your Sargent? He got blown up sir!" Best quote from any Harold Ramis film. He will be missed.

@DerchanskyLegal: definitely remember his work on #SCTV, but can't ignore his brilliance in #Caddyshack

#GroundhogDay

@Chriosania: Ghostbusters...but Stripes is a VERY close second

@starrydays17: the original Ghostbusters movie!

@BulliesFan27: Gotta be Stripes. That's the fact Jack! #RIPHaroldRamis

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: winnipegletters@metronews.ca

Neeson Taken with being Non-Stop man of action

Fighting Irish. Actor with serious chops embraces unexpected butt-kicking roles



IN FOCUS
Richard Crouse

scene@metronews.ca

Much of the fun of 2008's *Taken* was watching beloved thespian Liam Neeson go all Chuck Norris in a dirty little Euro trash thriller.

In the action-adventure movie, Neeson played a former "preventer" for the U.S. government. A specialist in black ops, he was an undercover agent who contained volatile situations before they got out of control. Retired, he lived in Los Angeles near his estranged 17-year-old daughter Kim (Maggie Grace). When she is kidnapped by a child slavery ring, he has only 96 hours to use his particular set of skills to get her back. His rescue mission takes him on a wild rampage through the soft underbelly of Paris. "I'll tear down the Eiffel Tower if I have to," he says.

It's a down-and-dirty little flick, classed up somewhat by the presence of Neeson in the lead role and it became an unexpected lightning-in-a-bottle hit. It also redefined Neeson's recent career.

At an age when many actors are staring down the barrel of character parts and cameos, the 61-year-old has



Liam Neeson is an air marshal hunting an in-flight killer in the thriller *Non-Stop*. CONTRIBUTED

Cast in the shame mould

"I was a tiny bit embarrassed by it [Taken], but then people started sending me action scripts."

Liam Neeson

made an unlikely U-turn into action movies. "I was a tiny bit embarrassed by it," he says of *Taken*, "but then people started sending me action scripts."

His latest actioner is *Non-Stop*, a high-flying thriller that takes place on an inter-

national crossing from New York to London. Neeson is an air marshal who must prevent a crazed killer from murdering passengers in flight.

Taken and *Taken 2* (which were essentially the same movie) worked not just be-

cause the action sequences were out of control, but because audiences had some empathy for Neeson's character as he kicked butt across Europe. It was a personal mission: He was trying to get his daughter back.

Action movies like *Wrath of the Titans*, *The Grey* and *Unknown* may not burnish Neeson's rep as a great actor, but when asked why he keeps making these kinds of movies, he has a solid reason: "Because they're dumb enough to offer them to me!"

Wham! Bam!

Arguably best known for his Best Actor Oscar nomination as the charismatic but humble German businessman Oskar Schindler in *Schindler's List*, the Irish actor has fully embraced his new career path.

- *Vanity Fair* even acknowledged the twist in an article called, *Wham! Bam! Thank You, Liam!*

Beck's new album not just a Morning Phase

Beck Hansen really doesn't believe a musician has the right to complain. It's something of an occupational requirement.

"Nobody wants to hear it," he says. "That's not what we're here for. We're here to play music and have a good time."

So it may come as a surprise to many fans that Hansen suffered a spinal injury that kept him from making music in the usual ways for a significant portion of the last decade. He doesn't talk about it a lot and certainly doesn't want to dwell. He found other ways to create as a producer and song-

writer during this period, but he will admit he feels a great sense of release now that he's putting out *Morning Phase*, just the second album he's completed and released in the last 10 years.

"I was just waiting until I felt like I was able to do what I used to do," the 43-year-old Hansen said. "It was a difficult experience, but in any kind of difficulty there are positives. And I think that's particularly what the record is about: How to come out of some sort of travail and difficulty and find some sense of

light again and life continuing. Once you've seen some things that are darker and you know that darkness is there, how do you embrace the other side of life?"

Beck's embracing it with a period of great creativity and will soon return to the studio to record a second album he plans to release later this year. At times while injured he was unable to hold conventional instruments, turning to substitutes, like a hand-held keyboard to write and record. He's returned to live performance over the last few years and

feels he's been transformed by the experience in ways he struggles to explain, as much metaphysical as physical.

"There's a point where a kind of pessimistic view can take hold and be a means of survival," Hansen said. "This record in some sense was grappling with that and taking a long hard look at everything and trying to find something redemptive."

He's been left with a newfound sense of patience, he says, and the simple act of putting out an album brings him great joy. **THE ASSOCIATED PRESS**



Beck KATY WINN/INVISION/THE ASSOCIATED PRESS FILE

THANK YOU FROM HEMP HAVEN

Hello Friends, Valued Customers, and Members of the Community. My name is Jeremy Loewen. For those of you that don't know me, I am the owner of Hemp Haven. I would like to take this time and say Thank You from the bottom of my heart for your recent support during these trying times. Thank You all for staying united and your continued backing, reinforcing our necessary place in the neighborhood. I would also like to take this opportunity to ask anyone with conflicting reactions to Hemp Havens operations, to please contact me through the store at 204-654-3933. I am willing to talk to anyone, including city counselors and/or members of City Hall that have questions or concerns.

I look forward to hearing from you.



BLAZING THE TRAIL

496 Larsen Ave. Wpg, Mb

1-204-654-3933



Jennifer Lawrence ALL PHOTOS GETTY IMAGES

Jennifer Lawrence is on a hot streak, but everyone keeps spoiling her endings

Jennifer Lawrence just can't win. Last month, the Hunger Games star had Homeland spoiled for her by an over-eager red carpet interviewer before she'd had a chance to see all the episodes.

And now her American Hustle director, David O. Russell, reveals that while they were filming Silver Linings Playbook he gleefully spoiled one of the greatest novels of all time for her. "She's walking around the set all the time reading the Tolstoy novel Anna Karenina, which

is like a phone book," he tells the Hollywood Reporter. "I was just impressed that this 20-year-old girl reading Anna Karenina is from Kentucky, likes to eat junk food and watch Real Housewives of Long Island. She's a down-home girl and she's reading this book. I love it."

"So I go, 'Have you gotten to the part where she throws herself under the train tracks?' And she goes, 'What?'" he remembers. "And she walks away from me sobbing."

Late-night host Jimmy Kimmel and wife Molly expecting their first child

Jimmy Fallon may be the late night host with a new show, but Jimmy Kimmel has reason to celebrate too. Kimmel and his wife Molly McNearney are expecting their first child together, his representative Lewis Kay has confirmed.

The TV personality first

made the announcement during a taping of The Ellen DeGeneres Show, which will air Wednesday. The 46-year-old Kimmel already has two children, a 20-year-old son and a 22-year-old daughter, from a previous marriage.

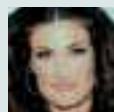
THE ASSOCIATED PRESS



Twitter

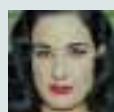
@ForestWhitaker

'It is not only for what we do that we are held responsible, but also for what we do not do.' - Moliere



@idinamenzel

I heard myself on kiss fm today. I almost cried. For years I've been trying to get them to play my music.



@DitaVonTeese

Wonderful quote I read about Casanova: "He treated women as his equals, yet undressed them as if they were his superiors."

Don't choke on your own tongue, Miley

Time to slow down with those Miley Cyrus in Peter Pan rumours, Star magazine. A recent report in the tabloid suggested in an article titled "Just call her Twerker Bell" that the singer was eyeing the role of Tinker Bell in NBC's upcoming live broadcast of the musical, claiming it is her "dream role."

Cyrus took to Twitter to refute the claim, posting a photo of the offending article along with the comment, "I would rather choke on my own tongue." And we all know how fond she is of her tongue.



Miley Cyrus

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Cowell gets a taste of his own negative medicine

PAT HEALY
Metro World News

Simon Cowell is learning firsthand just how hard it is to parent in the public eye.

After photos surfaced of Cowell holding 10-day-old son Eric on a Miami beach on Monday, mommy bloggers around the world spit out their placenta smoothies to go on the attack over his bad parenting.

"The sun? Simon, babies' skin is like parchment paper this young.... That kid is gonna look 45 when he's

a teen," mommy blog The Stir chastised.

In regards to the photos and the fact that Eric flew in a plane (most doctors recommend no air travel until at least three months old because of air pressure concerns), a commentator on another site said, "I know I was told no flying or sun exposure until they were at least six months old. I guess these two are just idiots that ignore what a Dr. tells you."

To be fair, the photos show that Cowell and co. hid out most of the time underneath a shade and Eric did don a cap. As for me, I'm more aghast at poor baby Eric getting a mouthful of Cowell's chest hair than him being on the beach.

WONDERLAND ANIME FESTIVAL

COSTUME CONTESTS

VIDEO SCREENINGS

Central Canada's Premiere Anime, Gaming & Cosplay Event

MARCH 1st & 2nd, Victoria Inn Hotel, 1808 Wellington Ave.

Sailor Moon
Linda Ballantyne

Sailor Mars
Katie Griffin

Sailor Jupiter
Susan Roman

Tuxedo Mask
Toby Proctor

Artemis
Ron Rubin

TICKETS

\$20 Day Pass

\$35 Weekend Pass

www.wonderlandanime.com

An island of one's own

Caribbean craving?

There are plenty of destinations to choose from in the warm southern seas — here's a rundown of some of the best

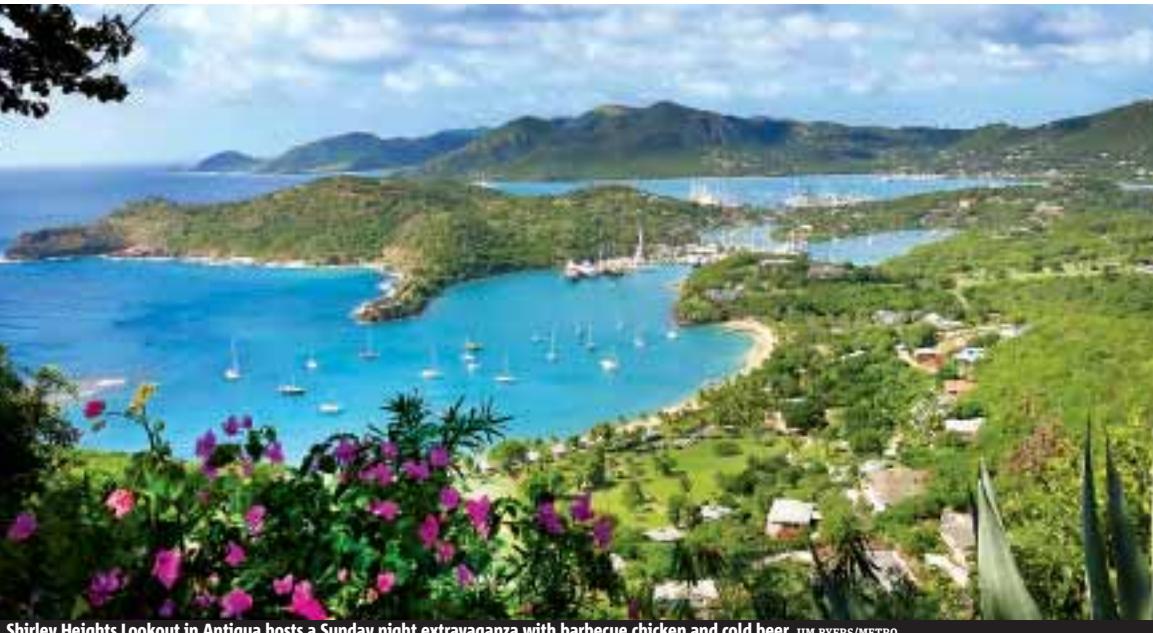


JIM BYERS
@jimbyerstravel
jimbyerstravel.com

It's still high season in the Caribbean. And high time you ventured south for a bit of sun and sand. But where to go? There's a Caribbean island for every kind of traveller, and the choices can be overwhelming. So here's a look at a few personal favourites that might fit your style.

For the swimmer-diver:

There's awesome swimming to be found off the coast of Negril, Jamaica. Down at Rick's Café, you can watch hugely talented local kids do wild, somersaulting dives off rocky cliffs into impossibly blue water. You can't get quite as high as they do, but there are places near the bar where you can do a perfect cannonball — or, more likely, a face plant — yourself. Small boats out of Negril often weigh anchor just offshore, allowing patrons to swim in some of the prettiest water the world has to offer. Alternative: Check out the cool bars and the swim



Shirley Heights Lookout in Antigua hosts a Sunday night extravaganza with barbecue chicken and cold beer. JIM BYERS/METRO

scene at Orient Beach on St. Martin. It's clothing optional. But, like many places, some of the folks who doff their clothes are people who really should stay perched at the bar. In long pants. And a hoodie.

For the snorkel, scuba fan:

The U.S. Virgin Islands doesn't get the same attention from Canadians as some parts of the Caribbean. But there are glorious beaches to be found and wonderful water sports. At Trunk Bay on quiet St. John, which might be the prettiest beach on the planet, you can

swim near offshore islands and follow an underwater trail. There's a similar trail near Buck Island, a short boat ride off St. Croix, where you'll also find a glistening white sand beach and hardly any people. Alternative: St. Lucia's Sugar Beach, nestled between the two giant rock pillars known as the Pitons, has one of the finest reefs in the Caribbean.

For the luxury lover:

Sandy Lane on the west coast of Barbados is a stunner. There are free-form pools, private villas, one of the Caribbean's top

spas and sumptuous dining on offer. This area is also home to the wonderful Green Monkey golf course. Tiger Woods married Elin Nordegren here, not that that ended so well. Alternative: Amanyara is a quiet spot on a lovely stretch of sand in the Turks and Caicos, far from the crowds of Provo. Fabulous Asian-inspired food.

For the drinker:

What, you thought we forgot about bar hopping? One of the most famous imbibing spots on the planet is at Shirley Heights Lookout in Antigua, where they

do a Sunday night extravaganza with plenty of cold beer, barbecue chicken and live music. Great sunsets and parties that last long into the night. It's also a stunning spot during daylight hours, with spectacular views of the island's green hills and perfect blue waters and boats bobbing in the bays below. Possibly the best vista in the Caribbean. Alternative: Sunshine's is a colourful, seaside bar on the west coast of Nevis, part of St. Kitts and Nevis. Try the local cocktail, the Killer Bee, and look for the photo of Wayne Gretzky.

3
T
E
H

AIR CANADA VACATIONS

Occidental Grand Xcaret | AIR, HOTEL & TRANSFERS

Riviera Maya, Mexico

Occidental Grand Xcaret

All-Inclusive • Deluxe Unlimited Xcaret Experience rm.
Mar. 16, 22 & 23 • 1 wk.

\$1399

Add taxes & other fees: \$113

Riviera Maya, Mexico via Toronto

Occidental Grand Xcaret

All-Inclusive • Deluxe Unlimited Xcaret Experience rm.
Apr. 2 & 3 • 1 wk.

\$1449

Add taxes & other fees: \$123



The Unlimited Xcaret Xperience includes:

- \$980 USD in resort and park credit
- Unlimited access to Xcaret Eco-archaeological Park
- Private eco-cultural guided tour
- And more

SAVE
the equivalent of the
TAXES!
\$230 OFF
per couple¹

OCCIDENTAL GRAND
Xcaret

aircanadavacations.com Call 1 877 236-6228 or your travel agent

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on Feb. 26, 2014, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated. From James Armstrong Richardson International Airport in Winnipeg in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochure or www.aircanadavacations.com. ¹Valid for travel from Mar. 1 and completed by Oct. 31, 2014. Select packages only. Minimum 3-night stay required; 14-night maximum. Applicable to groups. ²Available in conjunction with flight-inclusive packages. Non-stop flights via Winnipeg. Excluding USA & Europe destinations. ³Aeroplan is a registered trademark of Air Canada Inc. ⁴Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

CONNECT FREE² Regina • Saskatoon



Bucket list



Kyoto at cherry blossom time

Bust out the Aeroplan points you've been saving and join the hundreds who flock to Kyoto, Japan, at the beginning of April each year when the warmer temps coax out the cherry blossoms. Maruyama Park, Kiyomizu Temple and Daigoji Temple are all terrific places to spend time. Kyoto is manageable enough to see by bicycle, and many hotels rent them by the half-day (keep an eye on the weather forecast). Aside from temples and gardens, the Arashiyama bamboo forest is so otherworldly you will feel like a flea on a dog's back, and the Monkey Park in the mountains nearby is worth the rather steep hike. DOUG WALLACE/METRO

Travel tick offs. Do you fly off the handle or play it cool with these common annoyances?



ON THE MOVE

Loren Christie
life@metronews.ca

Do space hogs and noisy children frustrate you? The following is a short quiz designed to help you deal with the most common travel pet peeves.

You and your spouse are on the people mover at the airport. Do you:

- a) Walk side by side and chat.
 - b) Stand because you are tired — people in a rush can walk along the adjoining hallway.
 - c) Stand right, walk left.
- Answer: c) You need to allow people who are in a rush to pass easily.

The person in front of you on the plane reclines their



How do you cope with an inconsiderate airplane recliner? iSTOCK

seat a lot. Do you:
a) Ask them politely to put it up so that you can eat or

work effectively on your tray table.

- b) Kick the back of their seat.
- c) Whenever you get up hoist yourself up by grabbing aggressively on to their headrest.

Answer: a) If you are uncomfortable doing it, ask the flight attendant to do it. If it's a short haul flight, reclining your seat is not necessary. For long haul flights where people are trying to

sleep, they should have the courtesy to at least keep it raised during meal service.

The toddler behind you is wailing. Do you:

- a) Tell the kid to shut up.
- b) Tell the parents to shut the kid up.
- c) Grin and bear it.

Answer: c) Sitting next to or even near a screaming child is no fun, but unless the parents are completely

Now Open!

The Blue Marble
RESTAURANT & LOUNGE

Featuring Tapas-style cuisine
made with local ingredients

Located in the Grand Winnipeg Airport Hotel
Parking in the airport parkade validated
1979 Wellington Avenue | 204.594.1967

Contest details: No purchase necessary. Terms and conditions apply.
Full contest details and terms and conditions at clubmetro.ca

VISIT
club
metro.ca
TO ENTER
WIN
DINNER &
A NIGHT
AT THE
GRAND

Deal

Costa Rica
yoga retreat

The Anamaya eco-lodge near Montezuma Beach, Costa Rica, is offering 10 per cent off all yoga packages for the month of April. For about \$1,200, you get seven nights' accommodation, three healthy farm-to-table meals every day and the yoga package of your choosing. Connect with nature as you reconnect with yourself. Visit anamayaresort.com.

DOUG WALLACE/METRO

Trend

TD Aeroplan
credit cards

A new survey from TD Bank says people who collect travel points fall into three groups: the strategizers, the savers and the "accidental tourists" who travel more randomly. This data is the reason behind three new Aeroplan credit cards designed to get their customers in the air more often. Visit tdaeroplan.com to get in on the action.

DOUG WALLACE/METRO

ignoring the kid, the situation can't be helped. On the other hand, parents who allow their children to kick the back of seats, fidget incessantly with the tray tables or run wild in the aisle should be spoken to.

The person ahead of you on the plane shoves two gigantic carry-ons into the overhead bin. Do you:

- a) Throw one of their bags into the aisle.
- b) Ask the flight attendant for assistance.
- c) Put your carry-on in a bin that's rows ahead of where you're seated.

Answer: b) Putting your luggage elsewhere will just cause a domino effect. If there is no where within your immediate vicinity to stash your bag, ask the flight attendant to work things out for you.

The person next to you has spilled over into your space. Do you:

- a) Assert your territory early on, put armrests down.
- b) If the size of your seat mate is the issue, be sensitive and ask the flight attendant if you can move.
- c) Remove your shirt.

Answer: a) and b). Don't resort to dirty looks or subtle pushes, but being assertive is OK. Remember that airplane etiquette says the middle seat has rights to both inner armrests.

How-to

Navigate ground
transportation

1. Find out if there is a bus or train you can easily take to your hotel instead of a taxi.
2. Don't be afraid of the subway — it's often faster and far cheaper.
3. In countries where car rentals are outrageous, save money by booking with sites like hotwire.com.
4. Check out zipcar.com. That outlet mall on the edge of town isn't that far away at all.

DOUG WALLACE/METRO

A Pasadena that won't tug at your purse strings



Need to escape the bustle of L.A.? Try a walk or run through Pasadena's Arroyo Seco. THE ASSOCIATED PRESS

Free and easy. Find yourself cashless in California? No worries. Try these no-cost things

Street-side viewing of the nationally televised annual New Year's Day Rose Parade isn't the only free thing to attract visitors to Pasadena, Calif., a mere 17 kilometres northeast of downtown Los Angeles.

A charmingly quaint, quiet city flanked by the San Gabriel Mountains, Pasadena was founded in 1874 by folks from Indiana desperate to escape their winter doldrums for warmer Southern California weather. The nice climate means Pasadena boasts plenty of things to do year-round, and many of them are at no cost. Too broke to see tourist highlights such as architecture gem the Gamble House and the Norton Simon Museum of Art? Check out the five free things on this list. Pasadena is nicknamed "Crown of the Valley," but you don't need a crown to enjoy it.

Farmers markets

With summery temps almost the entire year, Pasadena is home to three certified weekly farmers markets. Vendors sell everything from tangerines in the winter to asparagus and

tender skinned cherries in the spring, all locally grown, plus jams, roasted granola and more. The Victory Park Saturday market on Sierra Madre Boulevard and Paloma Street in front of Pasadena High School is especially good, with colours and smells that make you want to eat everything in sight.

Old Pasadena

Old Pasadena, also called Old Town Pasadena, is the city's main drag, a walkable 22-block historic district brimming with boutiques, cafés, bars and movie theatres that of course cost money, but window-shopping and people-gawking are absolutely free. Scurry down Colorado Boulevard, Old Pasadena's lengthy main street and prime Rose Parade route, and you'll get in a good walk as well.

Arroyo Seco

To throw in some more exercise, head to protected parkland the Arroyo Seco, known to residents as "the Arroyo." The leafy hiking, running and dog-walking mainstay on the western edge of Pasadena includes about 35 kilometres of trails next to a seasonal river and canyon. For one easy hike, start out from Pasadena's Lower Arroyo Nature Park, where parking is ample and free.

Pasadena City College Flea Market

Pasadena's fun monthly Rose Bowl Flea Market can bring on exhaustion with its collection of 2,500 vendors, and charges a pricey admission fee. The lesser known Pasadena City College Flea Market is more curated, less cramped, and, yes, completely free. Held the first Sunday of every month, the non-profit market was launched by students in the 1970s as a way to raise money for school programs. Spread across multiple parking lots on the Pasadena City College campus, it's also an antiques bonanza and go-to paradise for music collectors. More than 70 of the market's 500 vendors sell records.

Bungalow Heaven

Sure, the coy name "Bungalow Heaven" may induce eye-rolling. But the 16-block neighbourhood located north of the 210 Freeway, designated Pasadena's very first preserved historic landmark district in 1989, is a treasure trove of more than 1,000 gorgeous low-slung bungalow homes mainly from the early 20th century Arts and Crafts era. Particular to that time, these Craftsman houses are made out of wood and natural materials. Huge smooth stones form porch pillars, and swooping Japanese-influenced angular beams jut out of roofs. THE ASSOCIATED PRESS

Choose your destination and let us do the rest!

Our Airfare Experts can customize your perfect trip!

Flights

Orlando

\$459
from

Travel Apr 8 - Apr 15

Edmonton

from \$375
Travel Apr 1 - Apr 8

Phoenix

from \$425
Travel Apr 15 - Apr 22

Ottawa

from \$469
Travel Apr 1 - Apr 8

Cancun

from \$499
Travel Jun 3 - Jun 10

Honolulu

from \$669
Travel Mar 11 - Mar 18

Flights

Toronto

\$435
from

Travel Apr 1 - Apr 8
Business class from \$1519.

Calgary

from \$379
Travel Apr 1 - Apr 8

Los Angeles

\$445 \$2599
Travel Apr 2 - Apr 9

Vancouver

\$465 \$1799
Travel Mar 24 - Apr 2

New York

\$495 \$1079
Travel Mar 19 - Mar 26

Miami

\$535 \$1549
Travel Mar 18 - Mar 25

London

\$1069 \$3789
Travel Mar 25 - Apr 8



Official travel services supplier of the Canadian Olympic & Paralympic Teams



FLIGHT CENTRE® The Airfare Experts

flightcentre.ca
More great deals online!

I 888 636 0406
950 Airfare Experts across Canada.

All advertised prices include taxes & fees.

Conditions apply. Ex: Winnipeg. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air, pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. Price is per person for quad occupancy (2 adults & 2 kids ages 2-17). † We will beat any written quoted airfare by \$1 and give you a \$20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca.

Sing a song of workday success

Whistle while you work.

Seven jams that will tune up your ability to take on your job

ELIAS
DA SILVA-POWELL
TalentEgg.ca

Every now and then you may find it difficult to bring the necessary quantity of pep and verve to your workday.

Whether your sub-par performance stems from illness or indulgence, you'll probably find yourself turning to music to get back into the swing of things — after coffee, of course.

While everyone has different musical tastes, this work-related group of songs should help you get through your day as smoothly as possible.

8:00 a.m.

9 To 5 – Dolly Parton

"Tumble outta bed / And stumble to the kitchen / Pour

myself a cup of ambition"

Even if the title of Dolly Parton's gold single doesn't coincide with your work schedule, this hit from 1980 will help you kick-start your day. As an added bonus, this song will instantly make any commute feel like a montage — doubly so on public transit.

9:01 a.m.

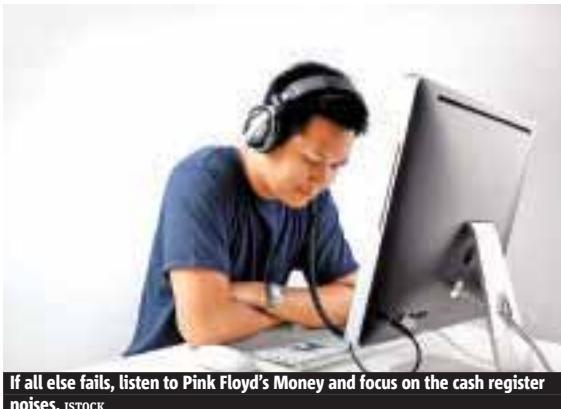
Manic Monday – The Bangles

"It's just another manic Monday / I wish it was Sunday / 'Cause that's my funday / My I don't have-to-run-day"

You may be one of the unhappy people who dread Monday as the start of the workweek.

This pop staple, written by Prince, of all people, tells the story of someone who knows exactly how you feel. This one is best enjoyed as background music while you settle down at your desk and plan your day.

Enjoy the increasingly creative attempts to rhyme with



If all else fails, listen to Pink Floyd's Money and focus on the cash register noises. ISTOCK

Monday.

10:35 a.m.

Bang The Drum All Day – Todd Rundgren

"I don't want to work / I just want to bang on the drum all day"

Like the average workday, this song can be a little repetitive at times, but it's also uplifting.

In Rundgren's self-defeating hedonism, you'll find a gentle reminder that you can't have fun all the time, or fun would lose its meaning.

There's a 50 per cent chance the chorus will get stuck in your head. You've been warned.

1:22 p.m.

Working For The Weekend – Loverboy

"Everyone's looking to see if it was you / Everyone wants you to come through"

If the title doesn't jog your memory, a few seconds of listening will. This number has been in a number of advertisements, TV shows, movies and video games.

This song's lyrics do an excellent job reminding you that all the responsibility is on your shoulders, while reinforcing that there's always a light at the end of the tunnel.

Get ready to power through the afternoon.

3:24 p.m.

Get Up Offa That Thing – James Brown

"(Every other line in this song is "get up offa that thing." It's topical.)

There's a good chance your job or job hunt has you sitting in front of a computer for hours at a time, which isn't good for your health. At the risk of being rude and overly familiar, that

thing you're sitting on? Get up off of it. Seriously.

I'm not allowed to dance without warning my co-workers in advance, but even I danced while writing about this song.

4:52 p.m.

Working Man – Rush

"(Extended instrumental break with your best vocal impression of a guitar solo)"

My understanding of Rush fans is that they rarely need a reason to listen to more Rush, so I only need to sell this to the rest of you.

For your own safety, I wouldn't recommend listening to this while you're typing.

Save this electrifying number for packing up at the end of the day — don't resist the urge to drum on the stacks of paper surrounding you.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



Take control of your future

Unemployed? Receiving or eligible for EI Benefits? Or had a claim for regular benefits in the past 3 years, maternity or parental in the past 5 years. Dream of Being Your Own Boss?

The YMCA-YWCA Self Employment Program offers training, mentoring and financial support to help you make your dream come true.



YMCA-YWCA
of Winnipeg

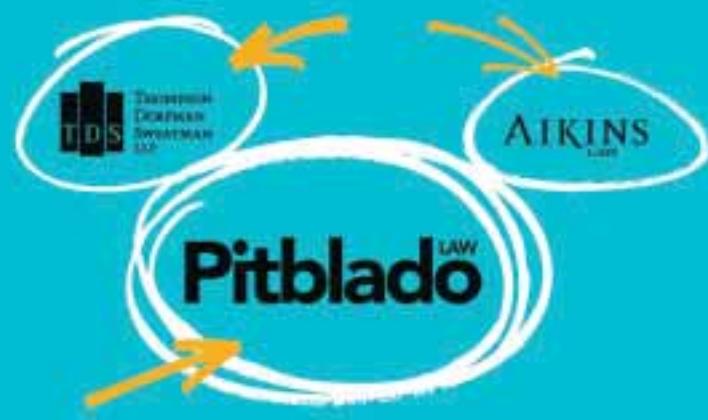
Building healthy
communities

For more information or to determine your eligibility, call 204-989-5860 today!

www.ywinnipeg.ca

Funding provided by: The Government of Canada The Manitoba Government

What do these three employers have in common?



Robertson College Legal Assistant Graduates.

There are only 8 months between you and your dream career! Classes start **March 10**.

ROBERTSON
COLLEGE

Visit www.robertsoncollege.com or call 204.800.7933 to get more information today.

Trio of tasty baking: Citrus, chocolate and cardamom

Orange Cardamom Bran Muffins.

Balance the tart-sweet flavours of orange with bittersweet chocolate



DINNER EXPRESS
Emily Richards
food@metronews.ca

With little chocolate surprises throughout these muffins, each bite will be different.

Ingredients

- 2 cups (500 ml) whole-wheat flour
- 1/2 cup (125 ml) wheat bran
- 1 tsp (5 ml) baking powder
- 1/2 tsp (2 ml) baking soda
- 1 tsp (5 ml) ground cardamom or cinnamon

- 1 navel orange, unpeeled and washed well
- 3/4 cup (175 ml) milk
- 1/2 cup (125 ml) orange juice
- 1/3 cup (75 ml) packed brown sugar
- 1/4 cup (50 ml) butter, softened

FLASH FOOD



From your fridge
to your table in
30 minutes or less

set aside.

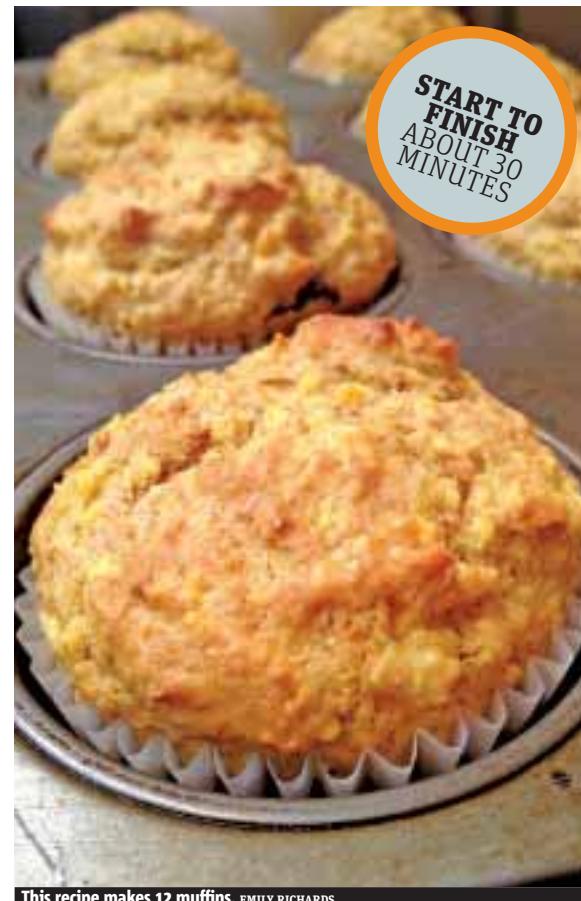
2. Cut orange into quarters. Place in food processor bowl and pulse until finely chopped, almost pureed. Scrape down sides and add milk, orange juice, brown sugar, butter, egg and vanilla and puree until combined.

Cooking tips

- Look for dark chocolate or bittersweet chocolate chips in bulk food stores with the percentage of cocoa right on the label. The higher the number, the darker and deeper the flavour of the chocolate.
- Wrap muffins individually and freeze for up to two weeks. Thaw at room temperature or in the microwave.

Fold in chocolate.

3. Pour orange mixture over flour mixture and stir until combined. Divide batter among 12 lined or greased muffin cups. Bake in 400 F (200 C) oven for about 20 minutes or until they're golden brown and firm to the touch.



This recipe makes 12 muffins. EMILY RICHARDS

Wrap breakfast bites in a mini burrito

With a few quick chops and stirs, this hearty breakfast is great for a small family on the run.

Stir it together the night before and refrigerate it so that all you have to do is pop it in the microwave in the morning and fill the tortillas!

This is also delicious served up on English muffins or pita pocket halves.

Sneak in a few extra veggies if you can.

1. In shallow bowl, using potato masher, mash the cooked canned navy beans until they are fairly smooth. Stir in egg and salsa or diced tomato until combined. Microwave on High and cook for 1 minute.



This recipe makes three servings. EMILY RICHARDS

Ingredients

2. Stir in bell pepper, green onions, fresh chopped coriander and hot pepper sauce.
3. Microwave the mixture on High for about 1 minute or until hot.
4. Stir everything well to combine and divide in centre of each tortilla and roll up to enjoy. EMILY RICHARDS

- 250 ml (1 cup) cooked canned navy beans, drained and rinsed
- 1 egg
- 30 ml (2 tbsp) diced tomato or salsa
- Half small red or green bell pepper, diced

- 2 green onions, thinly sliced
- 15 ml (1 tbsp) chopped fresh coriander (optional)
- Dash hot pepper sauce
- 3 small whole grain tortillas (about 18 cm/7 inches)

SHOW & SAVE

DISCOUNT CARD & COUPON BOOK

Includes \$60
in Savings at

REAL CANADIAN
Superstore*
big on fresh, low on price!

ONLY
\$20!

Plus over \$10,000 in money saving coupons!



SPECIAL OFFER!

**Buy 2 Books and
Get a 3rd Book FREE!**

*Valid only at the Show & Save office. Coupon must be presented at the time of purchase. While quantities last. Not valid with any other offer.
CASH ONLY. Offer expires March 7, 2014.



Enter to win one of over 100
Show & Save Coupon Books!



Visit our website to
WIN GREAT PRIZES!
www.clubmetrometro.ca

Unit 216-530 Century Street | 204-477-4216 | www.showandsave.ca

FIND SOLUTIONS FOR VISION DISORDERS

WITH GRAND DEVELOPMENTAL VISION INSTITUTE

Developmental vision problems are visual abnormalities that interfere with the ability to function in our high-tech, continuing education society.

Our visual system can undergo tremendous stress these days as students and adults constantly use their near vision at school and at their jobs. The visual demand required to perform prolonged near-vision tasks can often be overwhelming. When the visual system has not developed efficiently or can't cope with the visual stress, visual disorders can occur.

Developmental vision disorders can negatively affect:

- Eye movement control
- Focusing ability
- Binocular stability
- Depth perception
- Visual-motor integration skills



CONTRIBUTED PHOTOS

- Visual perception skills
- Visual memory

Most people think of "20/20" as perfect or normal vision, even though all it means is you are able to see a certain letter on the eye chart from a distance of 20 feet. This test tells us nothing about

the visual skills that play a vital role in our daily lives.

If any of these skills are inadequate or lacking, and when visual stress is present, people react in a variety of ways. They:

- Avoid tasks such as reading or paperwork by doing as little as they can get by with.

- Experience eye strain or headaches in forehead or temple.
- Fatigue quickly when reading or performing near tasks.
- Lose their place, skip words, or can't concentrate when reading.
- Spend a long time doing assignments.
- Have difficulty judging distance.

The Optometrists at Grand Developmental Vision Institute have taken a special interest in developmental vision care and are all members of the College of Optometrist in Vision Development.

By offering developmental vision therapy, Grand Developmental Vision Institute provides solutions for many patients who suffer from developmental vision disorders.

The institute takes great pride in ensuring its therapists are among the most highly trained in Canada. Grand Developmental Vision Institute supports ongoing training in the latest techniques and education about the most up-to-date science behind everything it does.

For more information, visit covd.org, visiontherapy.org, childrensvision.com, or visionandlearning.org.



**Attention Parents
Struggling with Reading or
Homework Battles?**

...If so, we can help!

- One out of four children struggle with reading and learning because of undiagnosed vision problems.
- It is estimated that more than 60% of children who struggle with reading have undiagnosed vision problems.
- The majority of the vision problems that interfere with reading and learning are very treatable.
- Seeing clearly ("20/20") is just one of 17 visual skills critical to academic success.

Do you know the symptoms of vision problems that interfere with reading and learning?

THE FOLLOWING IS A LIST OF SOME OF THE MORE COMMON SYMPTOMS:

- Child dislikes reading
- Skips or rereads lines
- Prefers to be read to
- Loss of place when reading

- Trouble seeing the board
- Headaches in temple or brow area
- Difficulty remembering what has been read

- Difficulty paying attention, ADD/ADHD
- Number/letter reversals such as "b" and "d"
- Homework takes longer than it should

A regular eye exam determines the health of the eyes and whether glasses are required, but does not include evaluating visual dysfunctions that can contribute to academic struggles. If your child has any of the above signs, schedule a developmental vision eye exam today.

South Africa

Pistorius trial to be broadcast

Parts of Oscar Pistorius' murder trial can be broadcast live on television by three remote-controlled cameras in court, but testimony given by the double-amputee Olympian can't be shown, a judge ruled Tuesday.

Pistorius' lawyers failed in their bid to stop any part of the trial being broadcast as a judge ruled mostly in favour of the South African TV and radio applicants.

THE ASSOCIATED PRESS

NBA

Knicks' Felton faces gun charges

New York Knicks point guard Raymond Felton has been arraigned on two weapons-possession charges after a lawyer for his wife turned in a loaded semi-automatic handgun to a Manhattan precinct.

He was released on \$25,000 bail.

THE ASSOCIATED PRESS

NBA

"There's only so many ways you can talk about off-court stuff until really the focus is on basketball and how the team is doing"

Brooklyn Nets centre Jason Collins, the first openly gay player in NBA history, says it's up to the media to decide when the story becomes more about him just being a basketball player.



Donovan Alexander tackles Hamilton's Onrea Jones in Edmonton on Aug. 2, 2013. JASON FRANSON/THE CANADIAN PRESS

Jets mostly lagged at Winter Olympics



THE HOCKEY NEWS
Matt Larkin
winnipeg@metronews.ca

Hey, other 29 NHL teams. Take a deep breath after the Olympics and repeat after me: "At least we're not the New York Islanders."

No team was affected by the Sochi Games more than the Isles, who lost superstar John Tavares for at least eight weeks when he blew out his knee playing for Canada against Latvia. But other clubs felt the sting too, like Detroit, which lost Henrik Zetterberg.

If you ask me, it's always worth it to send the NHLers to the Olympics, but there's no denying the Games caused a ripple effect around the league, not just via injuries, but via fatigue or, on the positive side, allowing certain players to rest. How did Sochi affect the Winnipeg Jets?

For one, the Jets probably didn't want to stop playing hockey three weeks ago, as they were 9-3-1 under new coach Paul Maurice. But the layoff did allow Evander Kane's infected hand to completely heal. He'll rejoin the lineup for Wednesday's tilt versus Phoenix.

And what of the four players Winnipeg sent to Sochi? Goaltender Ondrej Pavelec would probably like to forget he even went. He walked away with an .889 save percentage and was replaced by Alexander Salak.



Jets' Olli Jokinen and former Jet Teemu Selanne, left, react after defeating the U.S. in the bronze medal game in Sochi, Russia on Feb. 22. Jokinen was the Jets' lone feel-good story at the Olympics. BRUCE BENNETT/GETTY IMAGES

ahead of the Czechs' final game against Sweden after allowing four goals on 11 shots against the Americans.

It was an unfortunate confidence blow for a guy needing a boost after allowing three or more goals in four of five appearances before the break.

His teammate, Michael Frolik, had a scoreless tournament, but Frolik's 26-year-old body should bounce back from the Olympic grind.

Blake Wheeler was pri-

marily a non-factor for Team USA.

The hulking winger had really found his scoring touch for the Jets prior to the Games, but the U.S. had a rough ride in the last week, losing 1-0 to Canada in the semifinal and dropping the bronze-medal game to Finland by an embarrassing 5-0 margin. Disheartened and perhaps jet lagged after staying until the end of the tournament, Wheeler could slump. He's streaky, after all. Olli Jokinen is the wild

card. On one hand, at 35, he's the most likely Winnipeg Olympian to physically sag after the heated competition. On the other, he had a good tournament and has some spring in his step after capturing a bronze medal. Call me crazy, but I think the tournament was a refreshing experience for any Finn who dodged the injury bug.

But enough talk. To find out whether Sochi did the Jets harm or good, we have to see 'em play.

Bombers deal a homecoming for Alexander

The Winnipeg Blue Bombers have added to their Canadian talent base with the signing Tuesday of Winnipeg-born defensive back Donovan Alexander.

Alexander was released last week by the Edmonton Eskimos, where he spent the past three seasons at safety.

He had 121 defensive tackles, five special-teams tackles and seven interceptions in 51 regular-season and three playoff games.

Before that, he played for the Saskatchewan Rough-

riders, who made back-to-back Grey Cup appearances in 2009 and 2010.

Alexander was originally drafted in the third round of the 2007 CFL Draft by the Montreal Alouettes.

He grew up in Winnipeg, playing his high school football at St. Paul's.

"Donovan is a veteran Canadian player who we feel can compete for a starting spot in our secondary," Bombers' general manager Kyle Walters said in a statement on the signing.

"We are very pleased to

add not only a talented football player, but also someone who grew up in Winnipeg and understands the importance of Blue Bomber football in our community. It was a great fit for both parties."

THE CANADIAN PRESS

A win for Winnipeg

"It was a great fit for both parties"

Bombers GM Kyle Walters reacts to the signing of Donovan Alexander

4
SPORTS



AUTOMOBILE JOURNALISTS
ASSOCIATION OF CANADA

2014 MAZDA6
CANADIAN CAR OF THE YEAR AWARD
ROLL OUT THE RED PAVEMENT.



GT model shown

awardwinningmazda6.ca

zoom-zoom



Subaru's WRX appeal



PHOTOS: WHEELBASEMEDIA.COM

Review. Who says sport cars need to have two doors and must be parked for the winter?

MALCOLM GUNN
wheelbasemedia.com

Compact sedans appeal to a buyer's practical nature. But in the WRX's case, the appeal includes a lively powerplant, four-season driving competency plus sporty suspension and steering components that effectively manage the snakiest of paved and unpaved roadways.

Subaru has made a name for itself providing all-wheel-drive family transportation, but that's just part of the story. Its more competitive side includes the rear-wheel drive BRZ sports car and a couple of turbocharged WRX-branded models with rally-racing pedigrees that makes performance fans salivate.

The 2015 WRX that arrives this spring receives the all-new treatment, but in the process sheds its hatchback option. That's a bit surprising since

hot hatches are seemingly all the rage, but since its major competitor, the Mitsubishi Evolution, is strictly sedan-only, Subaru appears to have concluded that a matching sedan is the way to fly.

The WRX has also jettisoned its Impreza tie-in. Henceforth the WRX and the more potent WRX STI offshoot that arrives in updated form later this year will be treated as stand-alone models. While not as eye-catching as the WRX Concept that was revealed at the 2013 New York Auto Show, the production version adopts the cleaner lines of the Impreza, especially from the windshield forward.

Overall, the WRX gains an inch between the front and rear wheels and rear-seat legroom is up by two inches. Additionally, wider-opening rear doors allow easier access to the split-folding rear seat, while trunk space has been modestly increased.

Subaru has done a great job with the WRX's interior accommodations. There's a meaty flat-bottom tilt and telescopic steering wheel that fronts dual gauge pods. They're separated by a small display screen with gear selection, oil and washer-

2015 Subaru WRX

• **Type.** Four-door, all-wheel drive compact sedan

• **Engines (hp).** 2.0-litre DOHC H4 (268)

• **Transmissions.** Six-speed manual; continuously variable (CVT) opt.

• **Base price (incl. destination).** \$34,500

Design

The bulging front and rear fenders, recessed hood-mounted air intake and optional rear spoiler (subtle when compared to the STI's massive wing) remain in evidence, but the whole package now appears better integrated with the rest of the body.

Engine

For 2015, a turbocharged 2.0-litre four-cylinder engine similar to that used in the Subaru Forester produces 268 horsepower and 258 pound-feet of torque. That compares to the previous WRX's 265/244 numbers.

Compare



1 Ford Focus ST
Base price: \$31,700



2 Honda Civic Si sedan
Base price: \$27,900

5
DRIVE

COROLLA
Like you've never seen it before.



2014 COROLLA CE 6M

GET INTO AN ALL-NEW 2014 COROLLA

LEASE FROM
\$89 SEMI-MONTHLY*

Toyota Semi-Monthly
leasing = Up to 11 fewer payments
than bi-weekly leasing†



FOR 60 MONTHS AT
2.9%
\$0 DOWN



toyota.ca

*Limited time 2.9% semi-monthly lease offered through Toyota Financial Services on approved credit to qualified retail customers on all new 2014 Corolla models. First semi-monthly payment due at lease inception and next semi-monthly payment due approximately 15 days later and semi-monthly thereafter throughout the term. Toyota Financial Services will waive the final semi-monthly payment. Semi-monthly lease offers not open to employees of Toyota Canada, Toyota Financial Services or TMCC/TMMC Vehicle Purchase Plan. Some conditions apply. See your Toyota dealer for complete details. Example (applies across Canada except Quebec): 2014 Corolla CE 6M with a vehicle price of \$16,415 (includes \$1,100 Toyota Canada Lease Assist, which is deducted from the negotiated selling price after taxes, and \$1,520 freight/PDI) leased at 2.9% over 60 months with \$0 down payment equals 120 semi-monthly payments of \$89 with a cost of borrowing of \$1,735.85 and a total obligation of \$12,369.05. \$0 security deposit and first semi-monthly payment due at lease inception. Price and total obligation exclude license, insurance, registration, fees and taxes. 100,000 km allowance for 60 months, with ability to purchase additional kilometres at \$0.05/km at time of lease inception, and a charge of \$0.07/km for excess kilometres. Dealer may lease for less. †Toyota semi-monthly lease program available on 48 month and 60 month terms. Toyota semi-monthly lease program based on 24 payments per year, on a 60-month lease, equals 120 payments, with the final 120th payment waived by Toyota Financial Services. Competitive bi-weekly lease programs based on 26 payments per year, on a 60-month lease, equals 130 payments.

Small things can come in high-end packages

Auto know. For decades you've been told that luxury means big, powerful and thirsty cars but as Bob Dylan once sang, *The Times They are a Changin'*

JEFF MELNYCHUK
wheelbasemedia.com

There's a marketing philosophy that if you tell people enough times that they need something, they'll actually believe that they really do need that something.

Businesses train and condition their customers every day. Why else would anyone really and truly believe that milk "does a body good," or that a glass of orange juice or coffee is the way to start off a day? Because they've been told enough times, so it must be true.

That's marketing. That's sales. Since the beginning of the automobile, we've been made to believe that luxury means size, power, big engines and — here's the punch line — a correspondingly high price. Luxury cars, at least the way we traditionally perceive them, are cash cows for automakers; a way to maximize profit on every single unit sold.

How times change. Quickly.

The snag with bigger cars with bigger engines and more to lug around is that they also burn more fuel. That really wasn't a problem when gas was 60 cents a litre, or even

Quoted

Since the beginning of the automobile, we've been made to believe that luxury means size, power, big engines and — here's the punch line — a correspondingly high price. Luxury cars, at least the way we traditionally perceive them, are cash cows for automakers; a way to maximize profit on every single unit sold. How times change. Quickly.

90 cents. Now that it's \$1.30 or more in many areas, though, \$100 for a fill-up is quite conspicuous.

Compounding that is global warming, or the awareness of it anyway. People are actually thinking more about what their habits are doing to the environment.

Those factors affect luxury sales, but the real kick in the pants comes from the U.S. government's rising fuel-economy standards that are slowly killing the big engines for which luxury automakers have been able to charge a premium.

This is one of the key reasons that the same automakers now have smaller models: To average out the fuel consumption of the bigger models to meet government regulations.

But in all that, something very cool has taken place. The



How vehicle size became equated with luxury is a study in marketing. Bucking that bit of pop culture is the Buick Encore. ALL IMAGES WHEELBASE

amount of money you have doesn't necessarily dictate the badge that will end up on your hood anymore. For example, you can find a handsome Mercedes-Benz model for 35 grand. So, rather than necessarily losing out on profit by generally downsizing their big cars, the crafty luxury-car companies are branching out into non-traditional territory.

This means a shift in the marketing. Small engines and small cars also mean luxury. The trouble with that, of course, is that we've been told that the opposite is true for so long that it's hard to believe

anything different, let alone anything entirely opposite. As such, there are some interesting offerings if you happen to be open to the idea of small-scale, small-powered rides that lean toward the cushy side of things.

The Buick Encore is especially interesting because it is so far out of this GM brand's comfort zone. How so? Aside from being a small tall wagon, it also appeals to a much younger demographic. A 30-year-old driving a brand-new Buick? On purpose?

We said the Encore is especially interesting.

It's based on the same platform used by the Verano sedan as well as a the Chevrolet Cruze and Sonic small cars. However, it's about 18 centimetres longer and 10 centimetres taller than the Sonic hatchback, thereby giving it far more cargo room with the rear seat in place or folded flat. Not as much room as a Hyundai Tucson or even a Toyota Matrix, but the front passenger seat does fold flat so that longer items such as ladders and building materials can fit inside.

The cabin is also on the receiving end of one of Buick's more fashionable interiors, and it should be one of the quietest as well with the addition of active noise cancellation, a system that uses ceiling-mounted microphones to detect offending droning sounds. A special computer then creates counteracting sound waves through the audio-system speakers. It's a system that's commonly found on more expensive vehicles. There's also a quieter-running



Exterior dimensions don't matter as much if you're not limited by what you can do inside. Transporting longer items isn't a problem here.

alternator, sound-absorbing headliner and windshield and thicker side glass.

Getting the Encore up to speed is a 1.4-litre turbocharged four-cylinder engine that generates 140 horsepower and 148 pound-feet of torque. Both the Chevrolet Sonic and Cruze use the 1.4, which runs on regular gas and not premium.

A six-speed automatic is the Encore's only available transmission. For this application, a steeper first gear helps improve off-the-line performance while a taller sixth gear causes the engine to loaf along at lower engine revs at highway speeds for more fuel-efficient operation. A 1,400-kilometre trip through the Rockies between Kelowna, B.C. and Calgary, Alta., required a lot of throttle application as you might imagine with steep grades lasting for kilometres,

but the average consumption was decent enough at about 8.5 l/100 km. Flat-land cruising is a simple matter of setting the speed control and enjoying the audio system and the scenery.

The Encore comes in Convenience, Leather and Premium trims Standard, for a list price of about \$29,500 including destination charges, is the usual air, cruise, tilt and power accessories plus 10 airbags and 18-inch wheels, which is considered massive for this size of vehicle. All-wheel-drive adds \$2,000 to each trim level.

Well equipped with leather seating and all-wheel drive, you're staring at 35 grand in the face, which has to be seen as a decent buy for something this functional and neat and tidy. It's a Buick that just about anyone of any age would want to own. Memory wipe? Yup.

MORAY AUTO BODY

Autopac, Private & Custom Repairs

COLLISION AND AUTO BODY REPAIRS

- MPI/Autopac, private and custom repairs
- Repairs to all makes and models
- Hail and collision repairs completed quickly
- Glass replacement
- Paint for motorcycle parts
- Complete frame and unibody repair specialist
- Free courtesy car (by appointment)
- Rust repairs/patching

The Little Body Shop with the Big Heart ♥

Tel: 204-885-2080 • 700-B North Moray St. WPG

Email: morayautobody@mymts.net

Website: www.morayautobody.ca



I'm glad they don't make 'em like they used to

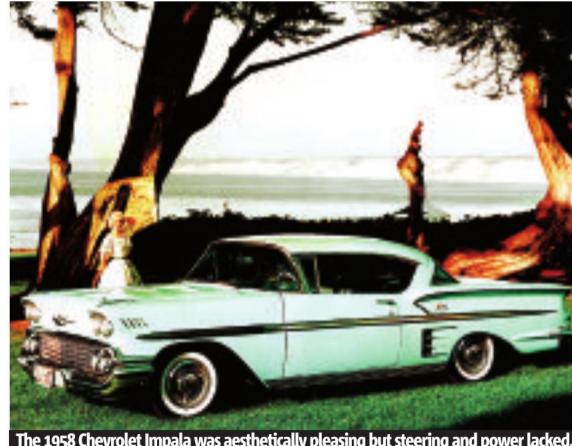
Driving Force. Yes, classic cars can be timeless and beautiful but don't forget how lucky we are that the automobile evolved ... no more crank starts!

JIL
MCINTOSH
Drive@metronews.ca

You've probably heard someone say, "They don't make 'em like that anymore," when comparing old cars to new ones. But while cars certainly have changed, that's not really a bad thing.

"You can be nostalgic, but there were all sorts of compromises," says Richard Pickering, retired producer of the Signature Classics Collection at the Canadian International Auto Show in Toronto. "Everything today, for all practical purposes, is better than it was back then."

The automobile's progress has always been an evolution, from cars that initially had to be cranked to start, to engines today that fire up almost instantly, thanks to computerized ignitions and fuel injection. Improvements in cooling



The 1958 Chevrolet Impala was aesthetically pleasing but steering and power lacked.



Also, safety in this model was not up to today's high standards. PHOTOS GENERAL MOTORS

Interesting facts

- **Short warranties.** While some vehicles have a warranty for as long as five years or 100,000 km today, a typical 1940s warranty lasted only 90 days or 6,500 km.
 - **False advertising.** Most old cars didn't actually make as much power as was advertised, due to the test standards at the time.
 - **First self-starter.** The first gasoline car with a self-starter, which eliminated cranking the engine, was the 1912 Cadillac.

and it's rated at 9.2 l/100 km. The new model also steers and handles better, has far better brakes, and considerably less body flex.

However, it's also pricier: when the 1958's price is converted to 2014 dollars, the new Impala costs about \$12,000 more. Perhaps the biggest change over the years has been in safety.

"Most people didn't have seatbelts, let alone use them," Pickering says. "You just had a bit of padding on the dash, a deep-dish steering wheel, and a collapsible steering column to keep it from being a spear."

In addition to anti-lock brakes, stability control and airbags, newer cars also have crumple zones, introduced by Mercedes-Benz in 1959. Some

people complain that new cars fold up in a collision, unlike older cars that stay rigid, but it's a design that has helped to consistently lower the crash fatality rate, even though there are more cars on the road.

As a modern car's body progressively crumples, it absorbs and dissipates the crash energy. In older vehicles, the rigid body transferred that force to the occiput.

cupants, slamming them into the interior components.

Old cars had a certain style, although the annual design changes on American cars meant there wasn't always time to get the fit-and-finish right. "The excessive use of chrome, the tail fins, catches our eyes today," Pickering says. "But what do I drive every day? It isn't a vintage car."

Discover why more Canadians are driving home a Ford.
Only at your Prairie Ford Store.

Throw your leg over and try The Motorcycle Show

Sit on all the bikes.

Except for the ultra fast and ultra rare models, visitors can fake two-wheeled thrills on any models in the exhibit.



AUTO PILOT

Mike Goetz
drive@metronews.ca

Not much motorcycling going on Canadian roads this winter, unless you're one of those hardy souls who ride year-round with no sense in your head and lots of long underwear swaddling your nether regions.

But there is lots of motorcycle action to be had indoors, such as in The Motorcycle Show (operated by Power Sport Services) crossing the country this winter. This past weekend the show touched down at Toronto's Direct Energy Centre, a newish venue, bigger and better than in previous bike shows, even though the hot dogs and pizza slices still cost eight bucks or so.

I love motorcycle shows almost more than automotive shows, mostly because of this fact: cars have adjustable seats and steering wheels and motorcycles don't. Consequently, motorcycles have to fit your body type and your preferred riding position before you could even consider anything else about it ... And the only way to determine a good fit is to throw a leg



The Castrol Rocket was built to break land-speed records. CASTROL

over the bike and sit on it. A motorcycle show lets you do that over and over again, even if you're not in the market for anything and just doing it for curiosity sake. Way more entertaining than trying on jeans for example, and also less claustrophobic.

Of course there are always bikes on a show floor you can't sit on, because they're

super special in some way, and the Toronto show had two such knockouts: the Triumph Streamliner called the Castrol Rocket and the century-old Indian Boardtrack Racer.

The Castrol Rocket is built to break the world land-speed record for motorcycles, currently set at 605 kilometres per hour. The goal of the Castrol Rocket is 643 km/h.

The 25-foot long "motorcycle" has Carbon Kevlar monocoque construction, and two turbocharged Triumph Rocket III engines running on methanol, for about 1,000 horsepower, give or take.

Even though quite a few motorcycles have been designed since 1913, many feel the Indian Boardtrack factory racer, circa 1913, to be one of the most beautiful and purist motorcycle designs ever conceived. I guess it helps when you don't have to put a lot of

extraneous features on the bike, like rear suspension, a starter, lights ... and brakes! These bikes really only have two controls, a spark advance and a kill switch.

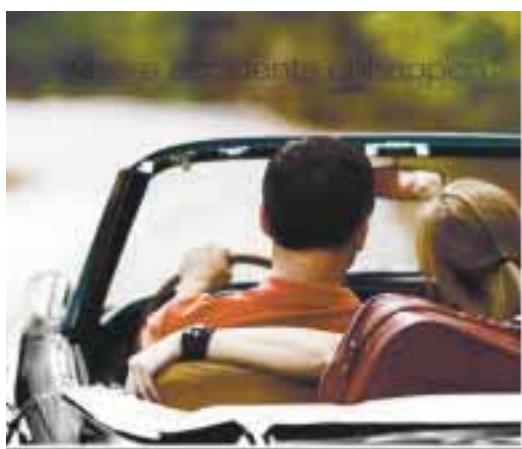
These bikes are rare and incredibly valuable, but this particular one is even cooler, because it is an original, in unrestored condition and believed to be actually raced in Toronto back in the day, by legendary Canadian motorcycle board track and flat track racer, Harold Cole.

So the Castrol Rocket was

the fastest bike at the show and the Indian was the oldest. Let's look at a couple of other categories you might be wondering about...

Frilliest? Probably the 2014 Indian Chief, by virtue of its totally vintage and outlandish leather-fringed side bags.

Most Frugal? Probably the new 2014 Honda Grom. Not only is it small, but the 125-cc powered bike is also a category buster. What is it? Big mini bike? Small motorcycle? Medium weight lifting equipment?



CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*



CARSTAR on Chevrier..... 475-7193

CARSTAR on Fife..... 632-7712

CARSTAR on Henderson..... 338-1551

CARSTAR on Saskatchewan.. 837-2399

*AIR MILES® reward miles not applicable on MPV claims.

CARSTAR in Stonewall..... 467-4329

CARSTAR
Collision & Glass Service



The 2014 Indian Chief's leather fringed side bags say vintage all over. CONTRIBUTED

Horoscopes

Aries

March 21 - April 20

You may be anxious to see progress but if you take a risk too many, you could take a rather big step in the wrong direction. If you do, there is no point rebuking yourself. It happens sometimes.

Taurus

April 21 - May 21

You seem to be putting off something you know you will enjoy. Whatever the reason, you need to get started on it soon. Don't worry that there may be an element of risk.

Gemini

May 22 - June 21

Everyone at some time or another wishes they could go back and undo what they have done. With that in mind, don't be too hard on yourself if you realize you could have done more or done better.

Cancer

June 22 - July 23

Even the experts get it wrong and if your hunches tell you that someone in a position of influence does not know what they are talking about, then by all means ignore any advice they give you.

Leo

July 24 - Aug. 23

Be careful you don't get swept and end up doing things you might later regret. It's rarely a good idea to follow the herd and someone with your enquiring mind has no need to let others think for them.

Virgo

Aug. 24 - Sept. 23

Patience is a must today because if you act impulsively you will lose out. You may be frustrated that something you are working on isn't progressing as quickly as you would like but what's the rush?

Libra

Sept. 24 - Oct. 23

It would be nice if you could solve all the world's problems, but be realistic: You can't come close. What you can do is join with those who share your views and aim to change one specific thing for the better.

Scorpio

Oct. 24 - Nov. 22

There is a danger that what you say over the next 24 hours will be taken the wrong way and used against you in the future. Misunderstandings can be costly, so spell out what you mean in plain language.

Gemini

May 22 - June 21

Everyone at some time or another wishes they could go back and undo what they have done. With that in mind, don't be too hard on yourself if you realize you could have done more or done better.

Capricorn

Dec. 22 - Jan. 20

You don't mind taking chances but with Jupiter in your opposite sign at odds with Uranus, planet of the unexpected. Today, it might be better to play safe. There is no such thing as a sure thing.

Aquarius

Jan. 21 - Feb. 19

You want to do something for people who are less well off than you. That's noble but don't throw money at the first good cause that comes along. Get involved in a project that will make a lasting difference.

Pisces

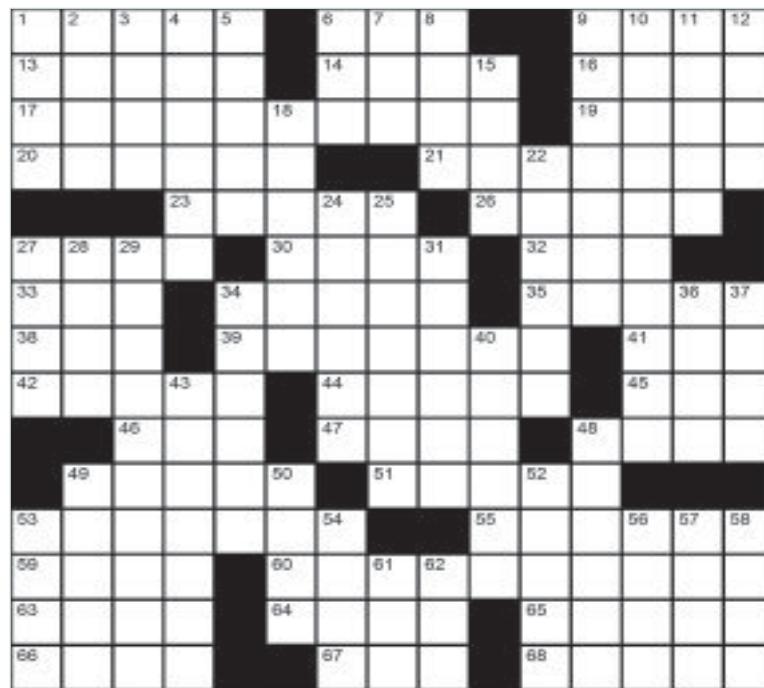
Feb. 20 - March 20

With Jupiter and Uranus at odds today, any decision you make is likely to have unforeseen consequences. Leave things alone for the next 24 hours. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Vancouver stadium, BC
6. Conrad ___ (Actor on Bravo's set-in-Montreal police drama "19-2")
9. Nunavut: King William Island settlement, ___ Haven
13. U2's drummer
14. Verdi opera
16. 'Exfol' ending
17. Best Picture winner directed by Clint Eastwood
19. X-__ knife
20. Add earth again
21. Have, as pretzels: 2 wds.
23. Type of religious belief
26. Declares
27. Zigs pals
30. Catriona Le May
32. US docs' org.
33. Bread's "Baby ___ - Want You"
34. Sierra
35. "Royals" singer
38. ___easter
39. Chrysler Building's style: 2 wds.
41. Fresh
42. Certain chamber
44. ___ stock (Was available)
45. Ms. Gabor
46. Gladiator's 151
47. European erupter
48. Press
49. West or East, in



Canada

51. Footnote abbr. meaning 'and the following' in Latin: 2 wds.
53. Extinct culture of Newfoundland
55. "Downtown" singer Ms. Clark
57. Bigger sizes, e.g. 2 wds.
59. Dog food brand
60. Adhesive kind:

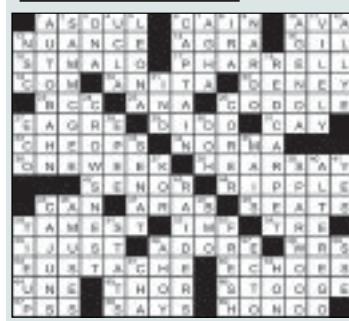
Jazzy Ms. Laine

64. "Who knows?" = "Qui ___?" en français
65. ___ a Message by INXS
66. 'Life Is Peachy' band
67. Bigger sizes, e.g. 2 wds.
68. ___ humains (Human beings, in French)

Down

1. Not singular [abbr.]
2. Street for Lois?
3. Pound sounds
4. 2014 Best Animated Feature nominee, "The ___"
5. Hawk's habitation, variably
6. Gambling game, Gow
7. Ms. Ullmann
8. Citrus coolers
9. Opera composer Mr. Puccini
10. Movie bigwig (b.1892 - d.1978) from London, ON who formed a still-existing-today movie studio with his brothers: 2 wds.
11. Mr. Preminger's

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	4	8	7	9	2	5	3	1
1	5	3	6	8	4	7	8	2
9	2	7	1	5	3	6	8	4
5	1	4	8	3	7	2	6	9
3	6	9	2	4	5	8	1	7
7	8	2	9	6	1	3	4	5
8	9	5	4	7	6	1	2	3
4	3	1	5	2	8	9	7	6
2	7	6	3	1	9	4	5	8

9				
3				
8	6		7	3
				1
7		5		
5	9	6	8	4
			7	8
9	3	7		5
6	8	1		7
				9

Weather

TODAY

THURSDAY

FRIDAY



MAX: -16°
MIN: -33°



MAX: -22°
MIN: -28°



MAX: -23°
MIN: -31°

JENNA KHAN
WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



visit metronews.ca

metro

lavalive®

VOICE

FREE
TRIAL
CALL NOW!

Where Fun...Meets Adventure

204.987.2222

Toll Free 1.866.348.5282

LAVALIFEVOICE.COM



JUNO WEEK EVENTS ON SALE NOW!

JUNOAWARDS.CA #JUNOS2014

ON SALE AT: ticketmaster.ca

PROMOTIONAL
PARTNER
metre®

